

National Disability Insurance Scheme (NDIS)

BRIMBANK/MELTON & WESTERN MELBOURNE

Get Plan Ready

Community Engagement Vic West Region

May 2018



Delivered by the
National Disability
Insurance Agency



Today's Presentation

- How to access the NDIS?
- What will I be asked about in my first NDIS Planning conversation?
- What is an NDIS Goal?
- Who helps me to make my NDIS Plan?
- Who makes decisions about what is funded in my NDIS Plan?
- How can I manage NDIS funding?



How things are changing



Before NDIS

(Block / Grant Funding)

- varied access criteria
- little say in choice of Provider
- capped level of assistance
- multiple funding sources



NDIS

(Individualised Funding)

- access is Nationally consistent
- control over Providers, supports and managing funding
- demand driven support to met goals
- Single pool of government funding

A new way



Reasonable and necessary supports



Help people achieve goals

A lifetime approach

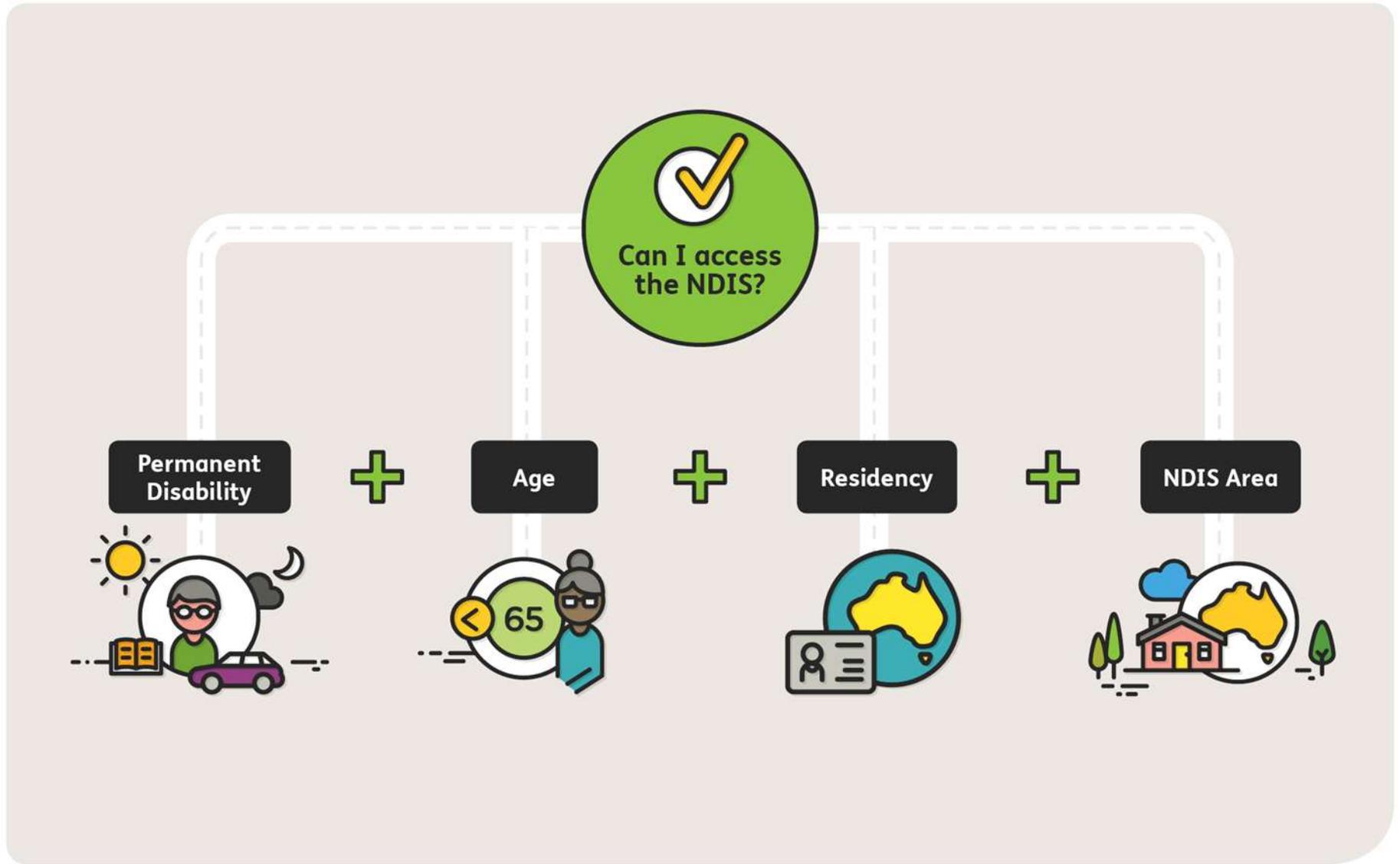


Information and referrals

460,000 Australians



Can I access the NDIS?



Access the NDIS?



You **do not** need to request access to the NDIS if you are **already receiving disability related support**

You **do not** need to request access to the NDIS if you are **on a waitlist** to receive disability related support

You **do** need to request access to the NDIS if you are **not receiving disability related support.**



Moving to the NDIS?



VIC.GOV.AU



NDIS VICTORIA



[Home](#) › Rollout in Victoria

A banner image for the 'Rollout in Victoria' page. It features a young child with blonde hair wearing large blue headphones, smiling. The child is in a room with a white desk and a computer monitor. A teal gradient overlay is on the left side of the image.

Rollout in
Victoria

The NDIS is being rolled out progressively in Victoria over a three-year period between July 2016 and July 2019.

NDIS in metropolitan Melbourne

More information about the NDIS in each area in metropolitan Melbourne:

[North Eastern Melbourne from July 2016](#)

[Inner Eastern Melbourne from 1 November 2017](#)

[Outer Eastern Melbourne from 1 November 2017](#)

[Hume Moreland from 1 March 2018](#)

[Bayside Peninsula from 1 April 2018](#)

[Southern Melbourne from 1 September 2018](#)

[Western Melbourne from 1 October 2018](#)

[Brimbank Melton from 1 October 2018](#)

<https://www.vic.gov.au/ndis/rollout-in-victoria.html>



The NDIS helps you to...

The NDIS helps you:

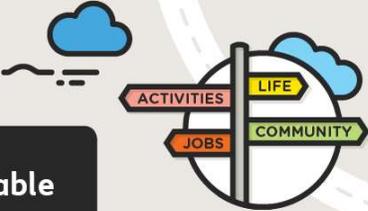
Maintain your informal support arrangements



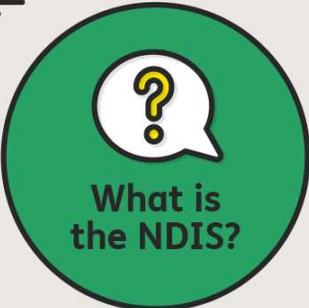
Access community services and supports



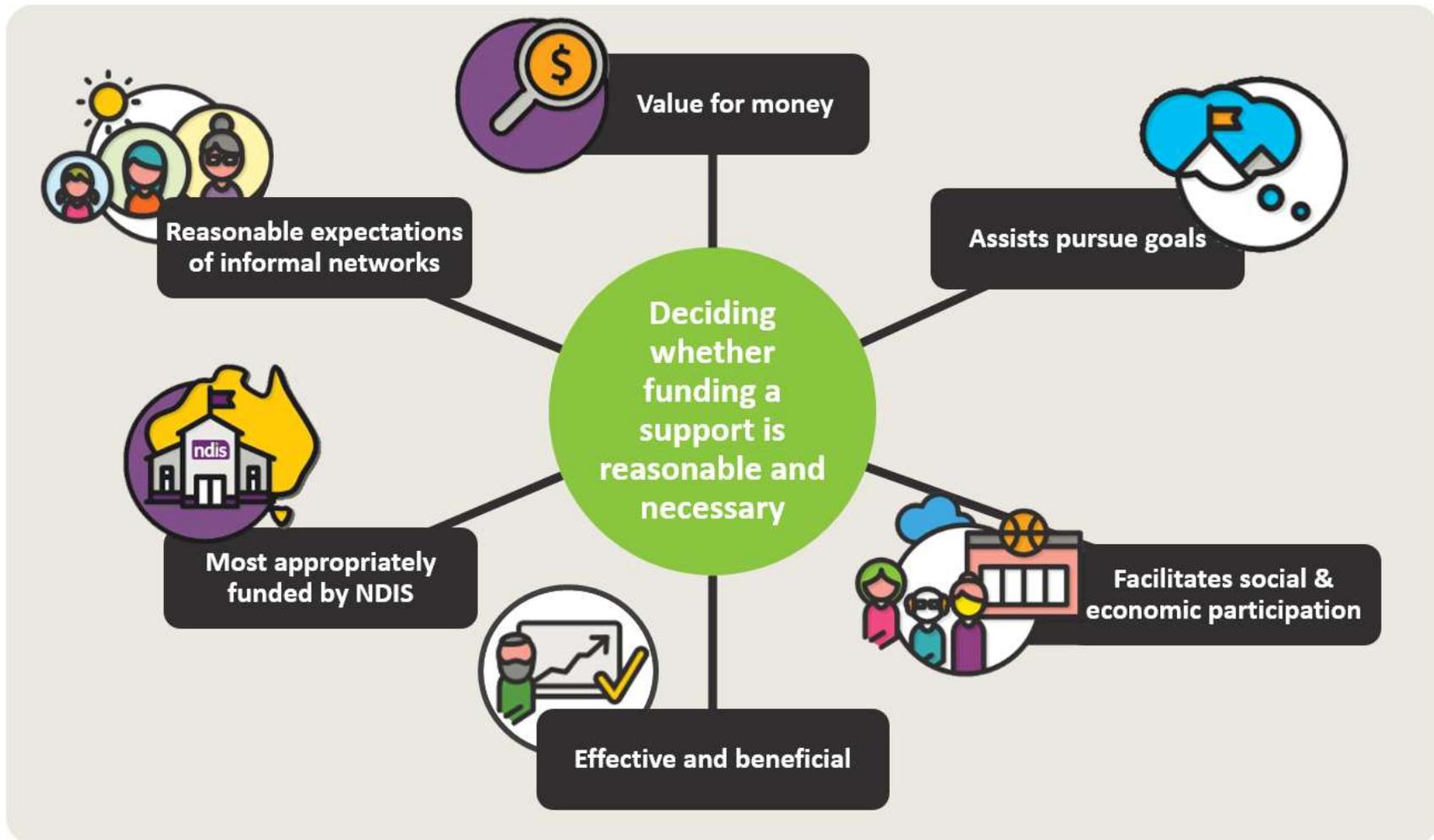
Receive reasonable and necessary funded supports

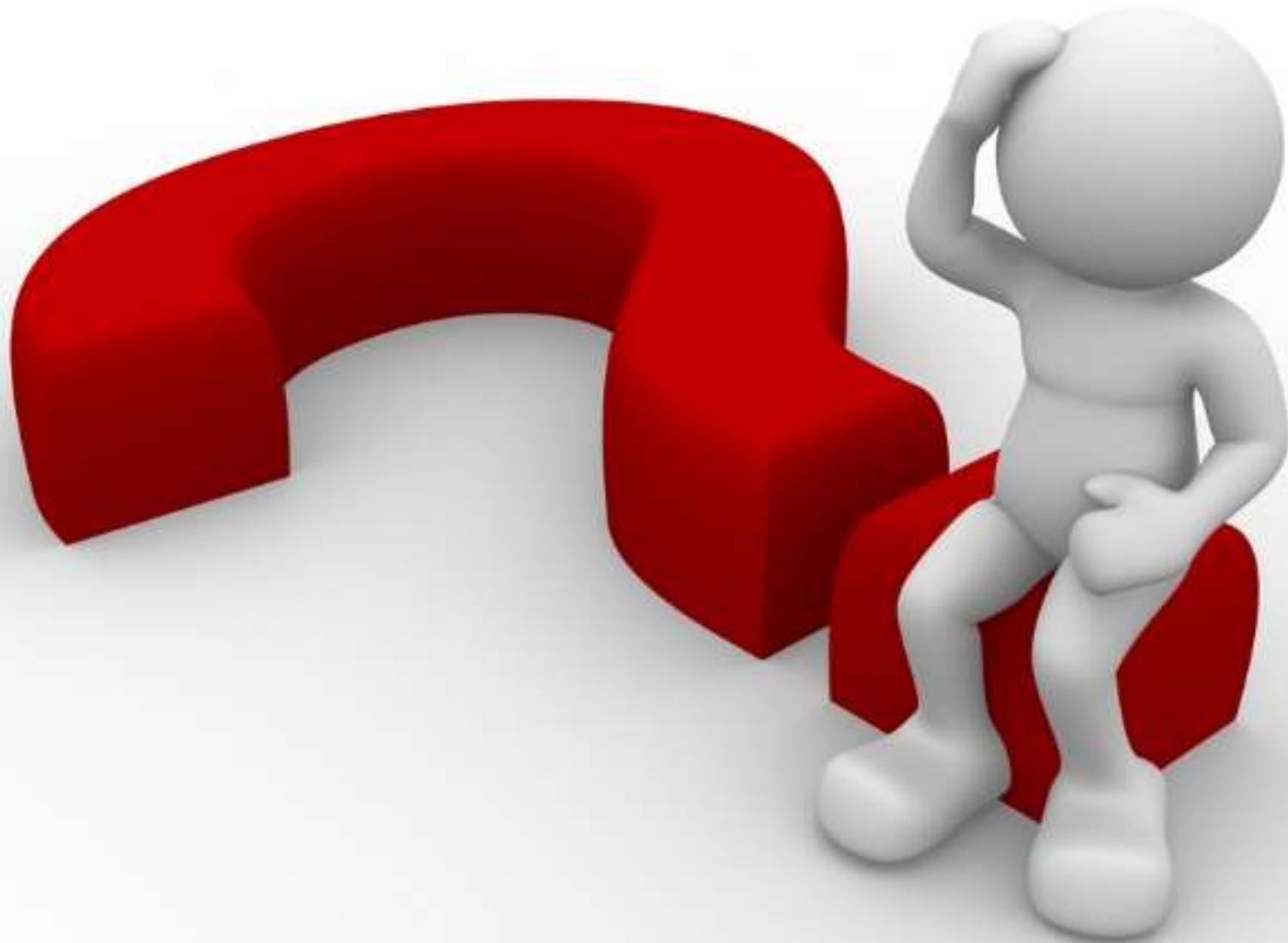


Access mainstream services and supports

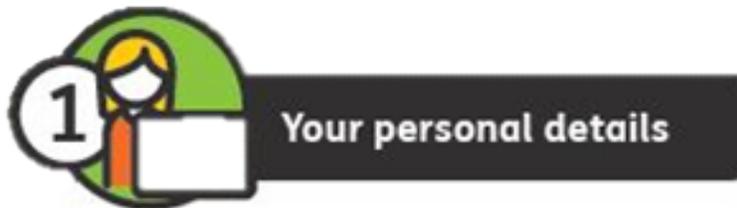


Reasonable and necessary



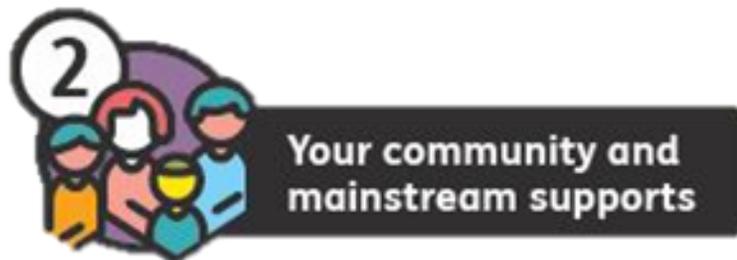


NDIS Planning conversations



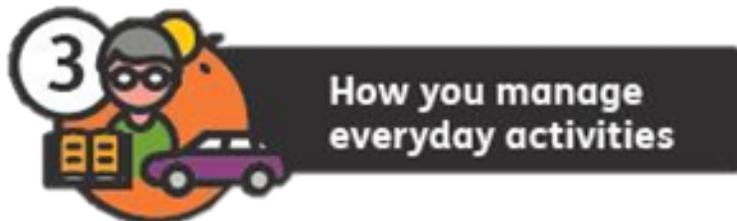
Your personal details

You may be asked about your primary disability.



Your community and mainstream supports

You will be asked about what support you currently receive from people in your life and in your local community.

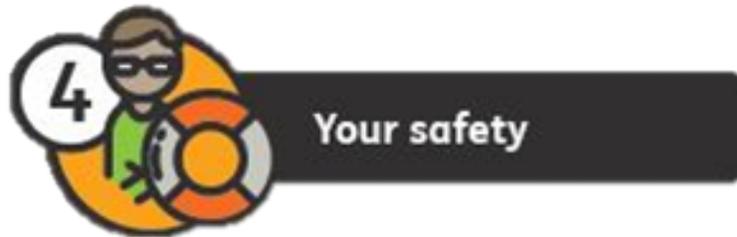


How you manage everyday activities

We'll ask you questions about how you manage your everyday activities. This helps us to understand what your abilities are.



NDIS Planning conversations



You can let us know if there are any areas in your life where you feel unsafe or where you might need extra help.



We'll talk about what you are hoping to achieve through your first plan, particularly about your immediate and essential needs.



We'll ask you how you want to manage your plan.



Who could come to your planning conversation?

- You
- A family member, friend/s or other significant person in your life who knows you best
- Your current service provider or an advocate



Your planning meeting can take place in a way that best suits your needs.



Who helps you develop your NDIS plan?

You might work with

- Local Area Coordinator (LAC)
- Early Childhood Early Intervention (ECEI) partner
- Or an NDIA planner





NDIS Partners





There are lots of things you can do by yourself or with a family member, carer or provider to help you get ready for your first NDIS planning conversation.

This will help us to develop a plan that provides the right support for you.



What is an NDIS goal?

The easiest way for you to think about goals is to think about what is important to you.

Goals can be big or small, this is up to you

A goal describes what you want to achieve, develop or learn

To record your goals, think about your daily life – from the time you wake up, where you spend your day and what you like to do in the evenings. What supports do you need for your every day activities?

What is working or not working in your life?

What are important things that you want to achieve?





Examples of goals

I would like to connect to my community and build friendships.

Over the next 12 months I would like to build relationships with family members.

Within this plan I would like learn skills to live independently. For example, to have a routine for cooking and cleaning my home.

I would like to learn to use public transport to get to the places I need to go.

Over the next 12 months I would like to get a job.





Start Gathering Information

Please bring as much information as you can to your planning meeting. This may include things such as:

- An outline of what a typical week in your life looks like. For example, daily tasks, activities, supports, appointments, timetables etc.
- Information regarding any equipment and products you currently use
- Information outlining the people who help you in your life. This includes informal supports, mainstream supports, and community supports

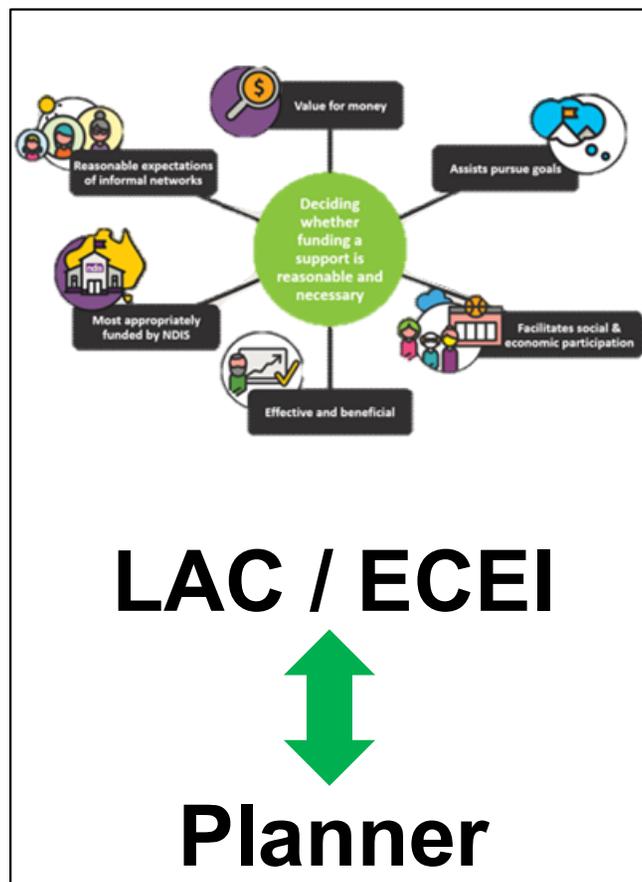




Start gathering information continued

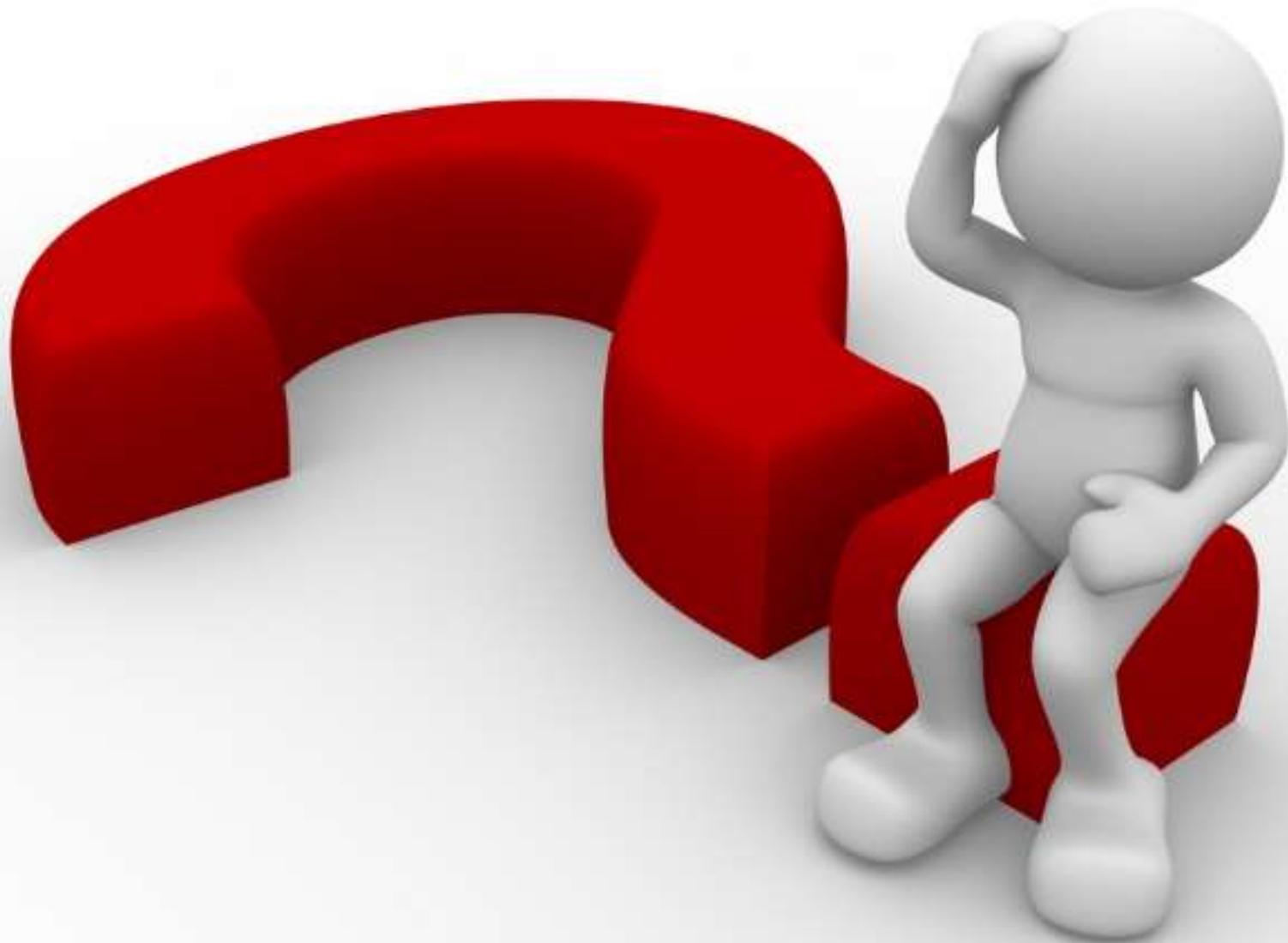
- Allied Health supporting documentation - i.e. Physiotherapy, Speech Therapy, Psychology, Occupational Therapy etc.
- Health and Wellbeing Management plans - i.e. Epilepsy, Nutrition, Mental Health care Plan, proactive & reactive support strategies, Behaviour Support Plans (BSP)
- Financial documents if applicable – i.e. guardianship/financial administration orders
- DHHS documentation - i.e. Individual Support Package (ISP), Futures For Young Adults (FFYA) plan, Disability Support Register (DSR) application.

What happens after my planning conversation?



Plan





Supports in an NDIS Plan



Core

Supports for daily life

- Support with personal care needs
- Assistance to carry out household tasks
- Assistance to access your community
- Continence aids

Capital

Funding equipment

- Mobility equipment
- Home modifications
- Vehicle modifications
- Assistive Technology

Capacity

Building abilities

- Therapist assessments
- Learning how to do day-to-day tasks
- Learning new skills that relate to goals
- Finding and keeping a job

Marty's National Disability Insurance Scheme (NDIS) plan



Name: Marty

NDIS number: 4300000000

NDIS plan starts: 01 October 2018

NDIS plan will be reviewed by: 01 October 2019

The National Disability Insurance Agency (NDIA) will contact me about my plan review before the review date.

I will tell the NDIA when something important changes (or is going to change), like moving house, starting work or school, or if my goals change.

If I have any questions, or if my circumstances change, I can contact the NDIA in any of the following ways:

- Telephone NDIA on 1800 800 110
- If I use a TTY, phone 1800 555 677 and ask for 1800 800 110
- If I use Speak and Listen (speech-to-speech relay), phone 1800 555 727 and ask for 1800 800 110
- If I use the National Relay Service, visit their website at <http://relayservice.gov> and ask for 1800 800 110.

Sample Plan



Part 1: About me

This part of my Participant Statement is about me, my daily life and the people in my life

Where I live and the people who support me:

I am 36 years old and I live with my mother Lorraine and father George. I am pretty good at cooking and washing clothes. Everyone in my house chips in with sweeping and vacuuming but I am mostly responsible for cooking. Mum helps me to manage my finances (e.g. pay my bills) and also assists me to get to places on time by reminding me to leave. Mum drives me places on occasion. I am pretty independent with buying things and counting out change. Mum works at the aged care home and my Dad works in an office.

My daily life:

I currently work on Monday, Tuesday and Thursday at Landcare Crew. This is where I mow lawns and keep peoples gardens neat and tidy for them. On Wednesdays I attend my literacy and numeracy course. I really like art and some people call me an artist. On Fridays I go to art classes at the Providers Gallery where I stay for the whole day. I love going to art exhibitions and also having my art work on display. In my spare time I like to attend social events such as youth group and dances. I only get to go to these activities a few times each year as they don't run all of the time. I would like to move out of home, although I will miss doing activities with my family, for example playing games with them at home. I recently spent two weeks on holiday with my family in Shelbyville. I like to volunteer each Sunday during the football season at the Hill Valley Tigers. My job there is to manage the score board and help the runners.

Sample Plan





Part 2: My goals

This part of my Participant Statement lists the goals I want to work towards during this plan.

My First Goal is:

During this plan I would like to be supported to learn new things and continue to attend my literacy, numeracy and art classes.

My Second Goal is:

During this plan to be supported to access the community and participate in activities of my choice.

My longer term goals and aspirations are:

Goal: I would like to continue to work at Landcare.

Goal: I would like to improve my ability to understand and share information so I am clearly understood when communicating with those around me.

Goal: I would like to have my own home one day.

Sample Plan





Part 3: My supports

These are the supports that will help me work towards my goals.

Family and friends

These are who the NDIS calls 'informal' supports.

My informal supports

- My Mum and Dad continue to assist me as I need on a daily basis
- James and Anna are my siblings and help me sometimes when Mum and Dad are at work.

Services and community groups

These supports might include things like health or mental health services, schools or education services, community groups, sporting or hobby clubs, or other government services. These are what the NDIS calls community and mainstream supports.

My community and mainstream supports

- Hill Valley Tigers, I am a local football club member and I also volunteer
- Dr Brown is my GP. I see Dr Brown a couple of times a year when I am sick.

Sample Plan





NDIS reasonable and necessary supports budgets

I can choose how I spend the amount in each budget listed below by checking the NDIS price list and the matching supports on the NDIS website at [ndis.gov.au/participants](https://www.ndis.gov.au/participants).

Where a support is listed in my plan as 'stated', I must purchase this support as it is described in my plan. I cannot swap 'stated' supports for any other supports

| | |
|---------------------------------------|---|
| Support Area: | Core supports |
| Budget: | \$12,320.64 |
| Details: | <p>Core supports are used to assist me with my daily activities and community participation. These supports can be used flexibly as needed to help me meet my goals. Daily activities might be things such as assistance in the home to carry out daily chores and personal care needs.</p> <p>Social and community participation might include things such as a supported group program to help me to engage with others and interact in my community.</p> |
| How will the supports be paid: | NDIS will pay my support provider directly for these supports. |

Sample Plan



ndis

THERE ARE 3 WAYS TO MANAGE THE FUNDING IN YOUR PLAN.

- 1. SELF-MANAGEMENT**
- 2. PLAN MANAGEMENT**
- 3. NDIA MANAGEMENT**

You can choose one or a combination of the above.



1. SELF-MANAGEMENT

Make value for money decisions
in line with your plan goals

Select your preferred
service provider

Employ your own staff, or pay
someone to employ them for you

Control over, and responsibility
for your NDIS funds



2. PLAN MANAGEMENT

Increased control over how your plan is used

Help with paying your NDIS support providers

budget management to ensure NDIS funds are available for the length of your plan

Select your preferred service provider



3. NDIA MANAGEMENT

Ability to look on myplace portal to see what claims providers are making against your NDIS funds

Choice of registered provider to achieve plan goals





Register for myGov

- Log on to myGov to create an account
- Once your plan is approved you can link to your NDIS Participant Portal myPlace to see your plan and NDIS details
- To activate myPlace you need to enter your NDIS details and an activation code provided by your LAC or planner



Start researching local service providers you might want to connect with



- The funding in your NDIS plan lets you choose the types of supports you are receiving and how they are delivered
- You need to feel the supports are working for you and be comfortable with the people supporting you
- The providers you choose should be helping you to achieve the goals in your plan.
- If you feel that a support or service provider is not helping you as much as they could be, you can change provider.



Questions?



Visit: www.ndis.gov.au

Phone: 1800 800 110

8am-8pm eastern standard time weekdays

Email: vicwestengagement@ndis.gov.au



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Follow us on Twitter @NDIS

