



What's On?

Every Wednesday
School Canteen \$5

Tuesday, 23 March
**School Council Meeting
AGM & Office Bearers
Elected**

Wednesday, 24 March
AVHS Open Day

Monday, 29 March
School Photos

Thursday, 1 April
Harmony Day

Thursday, 1 April
**Last Day Term 1
2pm finish**

**Parent Feedback
Form Link**
[Parent Feedback Form](#)

Dear Parents and Carers,

It's been terrific to have the opportunity to spend some time in classrooms over the last couple of weeks during our 'Observe to Learn' week. Observe to learn is a great framework for teachers observing each other's practice and learning from one another. It aims to support the sharing of best practice and builds awareness about the impact of teaching and learning. This has been a successful initiative and a great opportunity for our teachers and ES staff to learn from each other and see the wonderful work taking place in our classrooms.

Over the course of the year, our student leaders will have the opportunity to do a number of important jobs in the school, be positive role models and uphold the school values, help and listen to all students, as well as being part of special events, meet and greet visitors and host school assemblies throughout the year.

We hope that these important roles will provide these students with the opportunity to build their confidence and independence, develop good leadership qualities and learn to take on extra responsibilities while representing our school.

Secondary School

Our secondary section of the school is certainly a busy place. There is lots on offer for our students this year and some excellent learning is taking place.

This term, students have been working on the inquiry unit, *What Makes Us Awesome*. As part of this unit of work, students have had the opportunity to set themselves a personal goal that they'd like to achieve. It has been great to see the goals that the students have selected for themselves. I've seen goals such as learning to make a bed, improve spelling skills, to juggling balls, putting makeup on and learning how to use chopsticks! Setting achievable personal goals, has been a terrific way for all of our student to learn to persevere through challenges, stay committed, learn from mistakes and keep practicing until they have success!

Senior Secondary School

I am always pleased to see the wonderful learning taking place in our senior secondary school. After a slow start to providing our students with work experience this term, I am excited that our Brotherhood of St Laurence Program is commencing this week. Mary Ann will lead this placement with three of our students.

Sourcing work experience placements for our students is not an easy task, especially now that we live in a very different way following the COVID pandemic! We are lucky that we have some terrific work experience partners that we hope to get back on board next term, however we are always looking for supportive employers willing to give our students an opportunity to experience the workforce. Let's put our thinking caps on. if you have a brother, sister, friend, cousin or anyone you may know that you think would be able to offer our students a placement, please send me an email. I am happy to pursue any lead.

Post School Options Information Session

Last week, I hosted our 'Post School Options Information' session along with the senior school team and Tony a representative from the NDIS Niddrie office.

This year, the session was open to all families from Year 7 upwards. I was delighted that we had an excellent number of families in attendance. This session provided a good opportunity for families to learn about the transition process at AVHS, hear about some of the post school options available as well as listen to Tony speak about how the NDIS can help in supporting young people reach their goals.

Due to COVID restrictions, it is unfortunate that we are unable to host our annual Expo with Jackson School this year. In lieu of this event, I will host a number of online and face-to-face service visits to showcase the options available throughout the year and I will continue to work closely with our year 12 students and their families to guide them through the transition process.

<p>Key Word Sign Week 8</p>	<p>SWIM: Place open hands in front of body, palms down- move hands in circles as though swimming freestyle *Natural Gesture</p>	
---	--	---

Easter Raffle

Room 13 are looking for parent volunteers to assist making up hampers for the Easter Raffle. If you are able to spare some time on TUESDAY 23 MARCH please contact Annie or Cate in Room 13



AVHS will be running Harmony Day on Thursday 1st April to celebrate the end of term.

Students and staff are encouraged to dress for the day in the colour gold or a traditional outfit from their culture, with a gold coin donation.

There will be a parade at the end of the day.

Go online BEFORE photo day to request a sibling photograph

Sibling Photographs will be taken by request at
Ascot Vale Heights School
 Monday 29th March, 2021

SIBLING PORTRAIT PHOTOGRAPHS

To request a sibling photo follow these 3 easy steps ...

- 1.** Grab your phone and go to arphotos.typeform.com/to/F22DJXyn
- 2.** Enter the name and class of the eldest sibling + details of all children to be included in the photo
- 3.** Fill in your email address and submit.







Sibling Photograph requests CLOSE AT MIDDAY ON THE DAY BEFORE PHOTO DAY

Please make sure your children know they should present for a sibling photo on photo day

Arthur Reed Photos Pty. Ltd. A.B.N 48 528 494 590 Telephone: (03) 5243 4390 Enquiries: customerservice@arphotos.com.au

SCHOOL PHOTOS 2021 - Important Registration Information

School Photographs will be taken at

Ascot Vale Heights School

Monday 29th March, 2021



There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive the flyer with your child's 2021 image code
Follow these 3 simple steps -

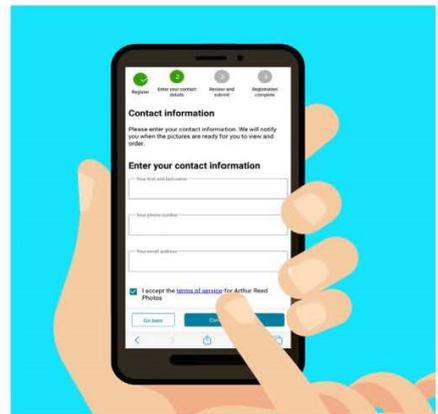
1 Go to order.arphotos.com.au and enter your child's **2021 image code**



2 Tap on 'Add another child' to enter the image codes of any siblings



3 Fill in your contact details & review before confirming your registration*



*This information will only be used for distribution of personal image codes and ordering details.

That's it!

It's important to register each year to link your child's NEW images to your contact details
When 2021 images are ready to view in our secure webshop you'll be notified by email and SMS

****BEFORE ORDERING for 2021, please wait to receive notification that new images are online****

• Order on any mobile device • Share the images with family & friends for FREE

• Create a photo package with any layout + YOUR choice of images + Digital Downloads



Arthur Reed Photos Pty. Ltd.
A.B.N 48 528 494 590
(03) 5243 4390
customerservice@arphotos.com.au



ELIZA
Secondary Captain



SIMON
Secondary Captain



AMY
Secondary Vice Captain



DAVID
Secondary Vice Captain
(Absent on day of Award Presentation)



PETER
Primary Captain



IVY
Primary Captain



GABRIELLA
Primary Vice Captain



Congratulations



SWIMMING





Join us for the AVHS Open Day

Come and help us celebrate what makes AVHS awesome.

When: Wednesday 24th March 2021

*** 1.30-2.30pm**

Our Open Day Event will include a Learning Walk Showcase for parents and Mini Carnival for everyone to enjoy (music, dancing, face painting, arts and craft activities, circus skills and an Easter Egg Hunt).

The AVHS Market will also host an Easter Stall selling goodies between \$1 and \$5 as well as Easter raffle tickets.

AVHS Open Day Event

Please complete the slip below and return it to the office by Monday 22nd March.

I would like to attend the AVHS Open Day on Wednesday 24th March

YES / NO *(please circle)*

Number attending:

Parent Name.....

Student name.....

PARTICIPATE IN RESEARCH

Information for Prospective Participants

An evaluation of the relationship between parenting stress, sense of competence, and a need for online parenting support services amongst parents of children with intellectual disabilities.

Research team contacts

Principal Researcher: Cindy Chan, Master of Psychology (Educational and Developmental) student
Principal Supervisor: Dr. Ruth Crowther, Principal Supervisor
School of Psychology, Queensland University of Technology (QUT)

What is the purpose of the research?

The purpose of this research is to explore the areas of online parenting support valued by parents of children with intellectual disabilities.

Are you looking for people like me?

The research team would like to invite mothers of primary-school-aged (6-12) children with intellectual disabilities to participate in the study.

What will you ask me to do?

Your participation will involve completing an online survey.

Are there any risks for me in taking part?

The research team does not believe there are any risks beyond normal day-to-day living associated with your participation in this research. It should be noted that if you do agree to participate, you can withdraw from participation at any time without comment or penalty.

Are there any benefits for me in taking part?

The data will provide a guide for researchers in the future development of online parenting support services that match the needs of these parents.

Will I be compensated for my time?

To recognise your contribution should you choose to participate, the research team is offering the chance to win one of two **\$50 Woolworths E-gift card**.

I am interested – what should I do next?

If you are interested in participating in this study, please follow this link to the study site:

https://qutc.syd1.qualtrics.com/jfe/form/SV_0Pxb7YEEhsTnbo

Alternatively, for details of the next step, please contact:

Cindy Chan sintingcindy.chan@connect.qut.edu.au

You will be provided with further information to ensure that your decision and consent to participate is fully informed.

Thank You!

QUT Ethics Approval Number: 2000001064

Welcome to Ascot Vale Heights



My name is Monique Parker, I am a social worker accredited by the Australian Association of Social Workers (AASW) working under the Victorian Governments mental health practitioners in secondary school's initiative. I will be working alongside the allied health team every Wednesday and Thursday. I have previous experience working in a mainstream secondary school, at headspace and most recently in the adult community mental health and alcohol and other drugs sector.

I'll be focusing on improving the wellbeing of secondary students to ensure they can achieve the best outcomes in life. Students are welcome to talk with me about a broad range of topics including mental health, friendships, bullying and positive school behaviours.

It is important that I work closely with parents/guardians and school staff to ensure each student is receiving all the support they need to guide them through school. I will contact parents before working with a student to discuss their needs and agree on the best strategy moving forward.

I look forward to getting to know staff, students and parents and hope to be a valuable resource to you all.

Monique