



What's On?

30 August-3 September
Old Worlds, New Worlds,
and Other Worlds
Book Week

3 September 2pm
**Virtual Book
Week Parade**

3 September
**Parent Opinion
Survey Closes**

7 September
School Council

2pm 17 September
Term 3 Ends

4 October
Term 4 Starts

Onsite Learning Resumes

Hi Parents, Carers and Guardians

It's hard to believe that we are almost at the end of the school term again and again finding ourselves in Remote and Flexible learning. I would like to say a massive **Well Done!** to all of the students and families and carers who are doing such an incredible job learning at home. This week is Book Week and it has been great to see the excellent work being posted on Seesaw. I hope everyone is enjoying the daily stories from the leadership team! Friday is going to be a great day with both the Primary Classes and the Secondary Classes hosting virtual Book Week parades and competitions. The recycled costumes are especially exciting and I can't wait to see the student's creations. You may have also noticed the return of Dracula and Chewbacca. I have seen many of Chewy's new faces being posted to Seesaw I can't wait to see which one wins!

Students in the Primary Learning Centre have been learning about sustainability, recycling and upcycling for the Don't Waste - Create inquiry. Don't Waste Create is a project run by iEarn, a not for profit group who facilitate global projects around the world that all link back to the UN sustainability goals. This project will also focus on developing students ability and capacity to work collaboratively with their peers. Teachers have been working hard to implement the inquiry through remote and flexible learning and there has been some really great learning happening at home and at school.

The Primary PLC has had a focus on writing this Semester and they are working on the strategy of Predictable Chart Writing. This strategy provides students with a scaffold for writing which is reduced throughout the week in a predictable format. It has been highly successful across the primary classes and it will be great to see the students writing progress by the end of the school year.



The Grade 6 jumpers were distributed last week to all the Year 6 students and were received extremely well! It's been wonderful to see the students wearing their jumpers proudly. Thank you to Nichole for organising jumpers to be sent home to students who are learning from home.

Ashleigh has done an incredible job organising Blackwood Camp Term 4, Week 1 which will be an overnight camp for the Junior Primary students. We are really hoping that camp will go ahead however if restrictions continue we will facilitate an overnight camp at the school when restrictions ease.

We have been lucky to have had Laura Meney run some Professional Learning sessions with teachers and ES staff online. These sessions are part of a series of learning that support staff to use the iPad technology to be creative with student learning tasks and provide opportunities to transform the learning for our students. Laura is an Apple Distinguished Learning Specialist and is also part of the Tutor program at AVHS. Please keep your eyes out for some fun and engaging content on Seesaw and other platforms.

We will be hosting planning week in Week 9 so this means there may be some changes to your child's learning schedule on your teacher's scheduled planning day. This is a very important time for teachers to plan collaboratively for the following term and we appreciate your understanding.

Stay safe everyone, please do not hesitate to contact the school or a member of the leadership team if you ever have any questions or concerns or if you would just like to reach out.

Best Regards and Happy Father's Day to all our Dads,
Carers and Special Persons for this Sunday,
Megan



Allied Health News

Goodbye!

This week marks my last week working at Ascot Vale Heights School. I am fortunate for the amazing experience I have had over the past three years working with staff, families and students at AVHS. I am amazed by the compassion and dedication everyone has shown for the students and say 'goodbye' with a heavy heart.

Although I am excited to begin my next chapter, I am sad to say goodbye to you all.

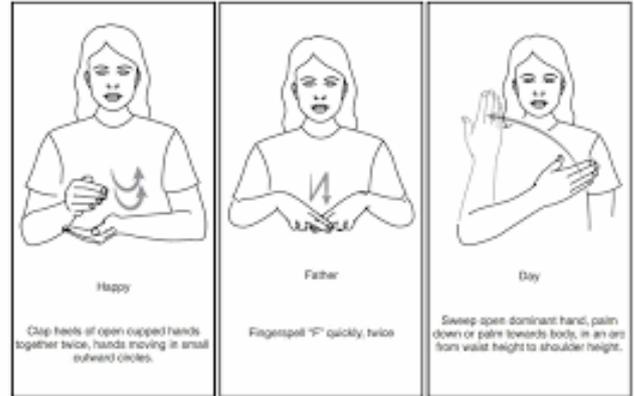
All the best!

Natalliya



Key word sign of the week is "Dad"

Happy Father's Day



Fingerspell "F" twice

Core Word of The Week

Practice modelling the core word on the AVHS communication board.

"He"

See Getty and Natalliya's Z-Admin SeeSaw demonstration



"He is my Dad!"

How to cope with an anxious child

When kids are anxious, it's natural to want to help them feel better. However, in trying to protect them you can make the situation worst.

When a child becomes anxious and their parent takes them out of the situation, they learn that getting upset is a good way to cope. Instead, it's helpful for parents to let kids know that they're going to be okay, even if they're scared. You can't promise your child that nothing bad will happen. But you can express confidence that they can face their fears and feel less afraid over time.

You can show your child empathy without agreeing with their fears. For example, "I know you're scared to get this vaccination. It's okay to be scared. You can do this and I'm going to help you."

It's usually helpful to avoid leading questions ("Are you worried about the test tomorrow?"). Instead, ask open questions ("How do you feel about the test tomorrow?"). You can use your tone of voice and body language to show your child that you're calm, which can help them stay calm too.

Parents can also help by keeping kids distracted before something that might be upsetting, like a doctor's appointment. Sometimes it helps to talk with your child about what might happen if their fears came true. What would they do? Who would they ask for help? Having a plan can calm anxiety.

Finally, parents can model healthy ways of handling anxiety.

Parents get anxious too, and that's okay!

The goal is to show your child that anxiety is normal and that it doesn't have to be a big deal.

Contacting the team

Speech Pathology

Getty getty@wordsinmotion.com.au

Working days: Wednesday and Friday

Natalliya natalliya@wordsinmotion.com.au

Working days: Monday, Wednesday and Thursday

Mental Health Practitioner

Monique monique.parker@education.vic.gov.au

Working days: Wednesday and Thursday

The MHP role is funded to support secondary students only.





Klara



Sophie



Lucas



Zacky

Room 4 Fruit people



James



Tarek



Zak



Esteban

Students in Room Four have been busy exploring recycling, upcycling and sustainability as part of our unit of Inquiry.

This week our focus shifted to ‘nude food’. We have been learning about what ‘nude food’ means, identifying different types of nude food and talking about our favourite fruit.

A highlight this week was using our creativity and fruit to design a character.

Get 2 different items to weigh in your Coat Hanger Scales. Upload to Seesaw. What are your items made from?



Heavier Lighter



Circle in red which is the smallest

Circle in blue which is the biggest

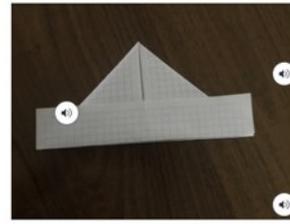
Room 5

Room 5 have been exploring recycling through our inquiry topic **'Don't Waste, Create!'**

Students have explored what we can recycle and different kinds of materials.

We have explored how we can upcycle recycled materials, like making pirate hats or flags!

Upload a photo of your Pirate Hat. What shapes are in your hat? What are the properties of the shapes?



Name of shape:
Number of sides:
Number of edges:

triangle

3 sides 3 edges

Name of shape:
Number of sides:

rectangle

four edges and 4 side



Upload a photo of your Pirate Hat. What shapes are in your hat? What are the properties of the shapes?



Name of shape:
Number of sides:
Number of edges:

triangle

3 sides

3 corners

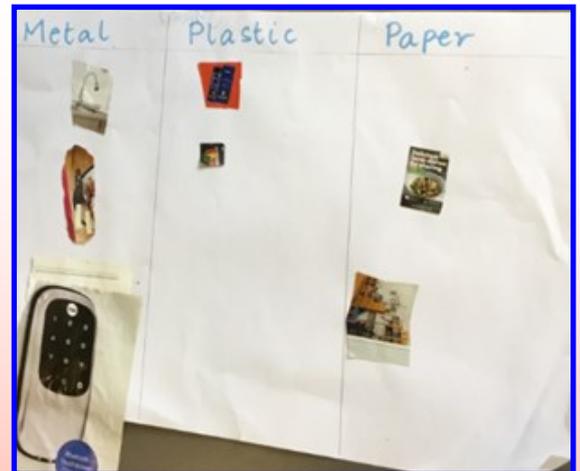


Name of shape:
Number of sides:
Number of edges:

retangle3

4

4



I can see bunting made of news paper



I can see a flag made of cardboard, paper and plastic



PARENT OPINION SURVEY

WE WANT OUR PARENTS /CARERS/GUARDIANS TO TELL US WHAT THEY THINK!

Thank you to the parents, carers and guardians who have taken the time to complete the anonymous Parent Opinion Survey, however we have had 40 parent responses .

The confidential link has been sent to the email we have on file for you and the school would appreciate you taking the time to complete it.

If you have not received a copy of the email please contact the office.

The survey is conducted anonymously and closes tomorrow Friday 3 September.

CANNED FOOD DRIVE

Starts

AUG
30



Ascot Vale
Heights School

**Drop off boxes
@ front office or
room 9**

Donate now to our community

BRING CANNED FOODS AND NON PERISHABLE ITEMS

PIC•COLLAGE



Ascot Vale
Heights School

FOOD DRIVE AUG 30

DONATE NOW

**BRING CANNED FOODS AND NON
PERISHABLE ITEMS**

**BRING TO FRONT OFFICE
OR ROOM 9**



PIC•COLLAGE



Hello!

Researchers from The Royal Children's Hospital Melbourne in partnership with researchers from the University of Sydney are members of a national consortium of universities and non-government organisations collaborating to develop a disability research agenda for Australia for the next 10 years.

Our team is seeking the views of parents of children with disability and the views of adolescents /young adults with child-onset disability to help us develop the agenda.

We are inviting you to participate in an interview with our research team or to be part of a small (6-8 person) focus group which aims to understand your thoughts and priorities in relation to disability research in Australia.

We would like to hear from as many people as possible from a very broad range of backgrounds so that we have a clear understanding of the areas that people think are important for research. Please share this email with other parents and young people who might be interested.

To find out more about the project or to find out about other consultation activities please email the RCH Project Coordinator: georgie.rose@mcri.edu.au or view the National Disability Research Agenda website [here](#).

I look forward to engaging with you on this important piece of work.

Christine Imms

Dear Families,

We are sharing an invitation from researchers from the RCH and University of Sydney who would like to speak to parents of children with disabilities. Your views and perspectives are essential to guide future research into disability and disability supports.

The interviews will occur as either focus groups (4-6 people) for 1.5 hours or individual interviews for 1 hour or less. They are occurring within the next 1-2 weeks.

You can read more here:

Facebook: <https://fb.watch/7i0hIs2C7L/>

Twitter: <https://twitter.com/cpachieve/status/1424263012609888258?s=21>

Your input is extremely valuable, so if you have the time to participate, we encourage you to do so.

Please see the official invitation from the researchers above.

CELEBRATING STUDENT SUCCESS



Sarah



Lakeisha



Tristan



Elena



James



Sophia



Esteban



Adam



Ugasso



George



Joshua



Seb

I CAN BE SAFE

School Rules
Be Your Best

Be a Learner
Be Safe

PROMOTING COVID-19 VACCINE ACCESS FOR STUDENTS AGED 16+

Introduction

The Victorian Government is pleased to announce that all students aged 16 years and above in Victoria are eligible to book and receive their COVID-19 vaccine. From 30 August, everyone aged 16 and above can also book through their participating GP or pharmacy.

The Victorian Government is encouraging everyone aged 16 and above to book their vaccine appointment. We want to especially encourage those students in their final year to book their vaccination appointment as soon as possible. Appointments can be made through the Victorian Government's [COVID-19 vaccine online booking system](#).

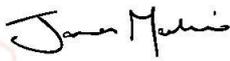
The Premier has recently announced a call to action for Victoria to achieve one million vaccine doses by September 19. To support this goal, capacity has been significantly scaled up across the state-run system.

To help stakeholders understand and share important information about COVID-19 vaccine eligibility and safety, we have put together this communications toolkit.

This pack provides a range of materials such as social media content, a poster, web banners, newsletter copy and FAQs and other informational resources to help students and parents make informed decisions about their vaccination. It also provides handy links to various Commonwealth and State Government information resources about the vaccination program.

I encourage you to share and distribute these materials among your stakeholder communities to help encourage greater vaccine uptake.

Thank you for your support and efforts.



The Hon James Merlino MP
Deputy Premier
Minister for Education
Minister for Mental Health



Dear parents/guardians and carers

As part of the COVID-19 vaccination roll-out, more Victorian school students are now eligible to receive the Pfizer COVID-19 vaccine.

All students aged 16 and older can now book a Pfizer COVID-19 vaccine at state vaccination centres.

The Victorian Government aims to vaccinate all final year students by the time they sit their end-of-year exams. Final year students are therefore urged to immediately make an appointment to receive a vaccine by following the instructions under the heading 'How to book an appointment' below.

The state vaccination centres have recently had their capacity increased to support Victoria's drive to administer 1 million doses of the vaccine by 19 September.

Students will be supported in every way possible to be vaccinated before the examinations begin.

Students completing their final year are particularly asked to book an appointment as soon as possible to support the safe conduct of examinations. As their parent/guardian, I encourage you to help them to book and if needed, support them to attend their appointment.

Final year students are asked to consider getting their first vaccine before the GAT on 9 September. In addition, it's recommended not to get the vaccine on the day of an exam, or the day before an exam – to avoid feeling common but mild side effects such as tiredness, headache, muscle pain, fever and chills and/or joint pain during your exam.

Consent

Students can book their own appointment and consent to vaccination themselves if the health professional assesses them to be a mature minor.

How to book an appointment

To book an appointment, visit the coronavirus.vic.gov.au website or contact the Coronavirus hotline by phoning 1800 675 398.

To find a vaccination centre and opening times, visit the coronavirus.vic.gov.au website.

From 30 August, people aged 16–39 can get their COVID-19 vaccine at a doctor's clinic, pharmacy or community health service through the [Australian Government Eligibility Checker](#). You can book your appointment online or by calling the vaccine provider nearest to you.

More information

Translated advice about the vaccines is available on the coronavirus.vic.gov.au website.

For more information about eligibility, visit coronavirus.vic.gov.au or use the Australian Government's [COVID-19 vaccine eligibility checker](#).

For further assistance, contact:

- the Department of Health Coronavirus hotline: 1800 675 398
- the National coronavirus and COVID-19 vaccine helpline: 1800 020 080

Please get in touch with me if you wish to discuss this.

FAQs

This information is current at 24 August 2021

When is the COVID-19 vaccine becoming available to students?

From Wednesday, 25 August onwards, all students 16 years and over are eligible to receive the Pfizer COVID-19 vaccine and are encouraged to book as soon as possible.

The Victorian Government aims for all final year students to be vaccinated by the time they sit their end-of-year exams.

Anyone 18-39 years who has already booked their first dose AstraZeneca appointment at Victorian State Centres does not need to change or cancel their appointment. They will be offered the Pfizer vaccine when they attend.

In addition to everyone 16 years and over, young people aged 12-15 years are currently eligible if they:

- have an underlying medical condition.
- are Aboriginal or Torres Strait Islander

Students, parents/guardians and carers are encouraged to book their vaccine at a vaccination centre using the [online booking system](#) or by calling the Coronavirus Hotline on 1800 675 398.

What is the Department of Education and Training's role regarding the COVID-19 vaccine roll-out?

The Department of Education and Training (DET) is strongly encouraging final year students to get vaccinated by the time they sit their end-of-year exams.

Schools, parents and students are encouraged to refer to coronavirus.vic.gov.au or the [Australian Government Department of Health](#) for further information about the vaccine rollout.

What do you need to bring to a vaccination appointment?

Bring these things, if you have them:

- a face mask
- any emails about your vaccination appointment (on your phone or printed)
- photo identification, if you have one, such as a passport or driver's licence
- a Medicare card or Individual Healthcare Identifier number

For information refer to [Before you get vaccinated for COVID-19](#).

How do I find out where to go to get the vaccine?

Information on how to book a COVID-19 vaccine, and where vaccines are being administered, is available at: <https://www.coronavirus.vic.gov.au/book-your-vaccine-appointment>

From 30 August, people aged 16-39 can get their COVID-19 vaccine at a doctor's clinic, pharmacy or community health service.

You can find a participating doctor, pharmacy or community health service through the [Australian Government Eligibility Checker](#). You can book your appointment online or by calling the vaccine provider nearest to you.

If I want to get vaccinated, when should I get the COVID-19 vaccine?

You are encouraged to book your vaccination appointment as soon as possible.

While senior secondary students are encouraged to get their first dose before the GAT on 9 September, it is recommended that students do not schedule their vaccination appointment on the day of the GAT, or any exam or the day before an exam. This is to avoid feeling common side effects such as tiredness, headache, muscle pain, fever and chills and / or joint pain during your exam.

VOICES
FOR
VACCINE



FAQs continued

This information is current at 24 August 2021

Which vaccine will I be receiving?

Students aged 16 and over will be offered the Pfizer vaccination at their state vaccination centre appointment.

Anyone 18-39 years who has already booked their first dose AstraZeneca appointment at a Victorian vaccination centre does not need to change or cancel their appointment. They will be offered the Pfizer vaccine when they attend.

Any secondary student who is 18 or older and who has already received one dose of their AstraZeneca vaccine should continue to proceed with their second dose of AstraZeneca. This is consistent with current health advice.

I can't find any available appointments nearby, what do I do?

Information on how to book a COVID-19 vaccine, and where vaccines are being administered, is available at: <https://www.coronavirus.vic.gov.au/book-your-vaccine-appointment>

Students and parents may also call the Coronavirus Hotline on 1800 675 398. Please be patient as there may be wait times for appointments.

How should parents and teachers help support students for vaccination bookings?

Schools are asked to share information about eligibility and access to students, parents, guardians and carers.

Parents, guardians and teachers are encouraged to help support students and especially final year students to make their vaccination appointment for as soon as possible. Once an appointment has been made and if this is to occur during school hours, they should discuss and plan their expected absence and impact on learning requirements.

Schools should exercise maximum flexibility to enable all eligible students to book and then attend their vaccine appointments.

Students can book their own appointment and consent to vaccination themselves if the health professional assesses them to be a mature minor.

Can I make an appointment to be vaccinated during school hours?

Final year secondary students are asked to make an appointment as soon as possible.

Secondary students aged 16 and above are encouraged to make appointments at times that minimise disruption to their learning where possible. Prior to their appointment students should discuss absence with teachers and parents/guardians and carers.

Is the vaccine mandatory?

No. Vaccination for COVID-19 is voluntary for students aged 16 and above, however it is strongly encouraged and will assist in giving VCE students more certainty around sitting their end-of-year exams.

Can my school force me to be vaccinated?

No. The vaccines are voluntary for the general community, which includes students and you can choose if you want to get vaccinated against COVID-19. The more students who are vaccinated, the more protected our community and schools will be.

VOICES
FOR
VACCINE



FAQs continued

This information is current at 24 August 2021

Can I take time off after the vaccine if I'm feeling unwell?

Students should discuss their health if they are feeling unwell with parents/guardian and carers and plan absence from school with their teachers where appropriate.

The Victorian Department of Health advises that like all vaccinations, COVID-19 vaccines can have side effects. For more information on the potential side effects of COVID-19 vaccination, visit the [Department of Health](#) website.

Is the vaccine safe? I am concerned about the vaccine and its possible side effects.

Please refer to the [Department of Health](#) website for information on vaccine safety and possible side effects.

I have just had my flu vaccine, or am planning to have my flu vaccine, can I still have the COVID-19 vaccine?

It is recommended to leave a period of 7 days between receiving the flu vaccine and the COVID-19 vaccine. Vaccination planning can be discussed with your immunisation provider. For more information please refer to the [Department of Health](#) website.

My disability/medical condition affects my ability to physically access the vaccine. Are there other options?

Students should speak to their doctor if they have questions about the COVID-19 vaccine and their health.

Information on how to book a COVID-19 vaccine, and where vaccines are being administered, is available at the [Department of Health](#) website. You may also call the Coronavirus Hotline on 1800 675 398 to discuss any additional requirements you may have.

The [Disability Liaison Officer \(DLO\)](#) program aims to help more people with disability access health services, including:

- COVID-19 testing
- COVID-19 vaccination
- advice and prevention through linking people to other health supports.

Where can I find more information about the COVID-19 vaccine?

Information about COVID-19 vaccines can be found on the [Australian Government Department of Health](#) website and the [coronavirus.vic.gov.au](#) website.

You may also refer to [Information for education staff receiving a COVID-19 vaccine | Coronavirus Victoria](#).

Vaccination centres

Below is a list of the state vaccination centres. To find the nearest vaccination centre to you, visit the [coronavirus.vic.gov.au](#) website.

- Alfred Hospital
- Ararat - East Grampians Health Service
- Austin Hospital (Olivia Newton-John Cancer Centre)
- Bairnsdale City Oval
- Ballan COVID-19 Vaccination Hub
- Ballarat Mercure Hotel and Convention Centre
- Beechworth Vaccination Hub
- Bendigo Health COVID-19 Vaccination Clinic
- Box Hill Town Hall
- Bright Vaccination Hub
- Broadmeadows Town Hall
- Campbellfield Ford Complex Drive-Through Vaccination Clinic
- Castlemaine Health
- Cobram NCN Health
- Corryong Vaccination Hub
- Cranbourne Turf Club
- Deer Park - IPC Health Deer Park
- Frankston Community Vaccination Hub - Bayside Centre
- Geelong - former Ford Factory
- Heidelberg Repatriation Hospital
- Horsham Community Clinic
- Kilmore District Health - Outpatients Building
- Kyabram District Health Service
- Leongatha Community Clinic
- Lilydale Community Clinic
- Mansfield District Hospital - Anderson Hall
- Melbourne Convention and Exhibition Centre (MCEC)
- Melbourne Showgrounds
- Melton vaccination hub (drive-through)
- Melton vaccination hub (indoors)
- Mildura - Kiarivu Barracks
- Monash Medical Centre
- Mt Beauty Vaccination Hub
- Myrtleford Vaccination Hub
- Northern Hospital Epping
- Omeo Medical Centre
- Orbost Medical Centre
- Pakenham - James Bathe Community and Sports Hub
- Portland District Health
- Ringwood East Community Clinic (Braeside Avenue)
- Rosebud Hospital - Point Nepean Road
- Royal Exhibition Building
- Sale - Gippsland Regional Sports Complex
- Sandown Racecourse
- Sandown Racecourse Drive-Through Vaccination Clinic
- Sandringham Hospital
- Seymour Health
- Shepparton Showgrounds - McIntosh Centre
- South Morang - Plenty Ranges Arts and Convention Centre
- St John of God - Berwick Hospital
- Sunshine Hospital
- Traralgon Racecourse
- Wangaratta Vaccination Hub
- Warragul - The Goods Shed
- Warrnambool - South West Healthcare Vaccination Centre
- Werribee Mercy Hospital
- West Melbourne - CoHealth West Melbourne
- Wodonga Vaccination Hub
- Wonthaggi Town Hall
- Wyndham Drive-Through Vaccination Clinic
- Wyndham Indoor Vaccination Centre - Eagle Stadium
- Yarram Medical Centre



We are hosting a Primary Virtual Book Week parade next week on Friday 3rd September!

The virtual parade will be held at 2pm on Webex: 580 241 020

Please send a picture of you dressed up in your book week costume, hat, patterned pjs, whatever it is, by Friday 10am to your classroom teacher via Seesaw.



An iPhone watch has been found. If it's yours you can collect it from the office.



Please find attached the link to the Covid Vac for people aged 12 years and over who have a disability.

<https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/getting-vaccinated-for-covid-19/covid-19-vaccination-program-for-16-to-39-year-olds>

[COVID-19 vaccination program for 12 to 39 year olds | Australian Government Department of Health](#)

Check your eligibility. Use the COVID-19 vaccine eligibility checker to find out when and where you can receive a COVID-19 vaccine.

If you are aged 40 years or more you are eligible for vaccination.

If you are aged 12 to 39 years you may be eligible for vaccination.

www.health.gov.au

