



What's On?

Monday 1 November
Curriculum Day.
No students required
at school

Tuesday 2 November
Melbourne Cup
Public Holiday

Wednesday 3 November
All students return to full
time onsite learning

Tuesday 7 December
School Council

Friday 17 December 1pm
End of Term 4

Monday 31 January 2022
Term 1 starts

Dear Parents and Carers,

We are certainly on the home stretch to another year ending. It is so nice to know that we are on the right track to having more freedom in Victoria. I hope you and your family were able to take advantage of the lessening of restrictions on the weekend. It's looking like our end of year break is set to be a great one.

We are delighted that we are slowly beginning to welcome back our students to face-to-face learning this week. It has been wonderful to see the smiling faces back onsite and hear the chatter in the school yard. The Victorian Government has announced the easing of restrictions from 6pm Friday 29 October given the early achievement of the 80 per cent vaccination target. All students will now be back onsite on Wednesday 3 November following the Melbourne Cup holiday on Tuesday 2 November. Please note, Monday 1 November is our curriculum day. Teachers will be involved in report writing on this day and the school will be closed.

All schools will be able to recommence a range of activities, consistent with community settings and school vaccination requirements. This means that from Monday 1 November schools will be able to:

- hold graduations and other assemblies consistent with community density limits
- travel across Victoria for camps and excursions
- resume interschool activities such as sport and debating
- deliver the full range of curriculum programs, including music and performing arts
- conduct transition programs for kinder students beginning Prep in 2022 and Grade 6 students transitioning to Year 7 in 2022
- have a range of visitors onsite, including photographers, guest speakers and MPs

Senior Secondary School

The secondary senior school team have been working hard to ensure our students have the best opportunities to meet their learning outcomes in both VCAL and ASDAN. With most of the Year 12 students back onsite it has made this process a little easier. I'd like to acknowledge the extraordinary lengths the team have gone to, to support students achieve their learning outcomes. Our students have managed to stay on task and have worked extremely hard throughout this lockdown, their efforts certainly need to be applauded.

I'd also like to acknowledge the work of our tutors Laura and Christi. Laura works with the senior secondary school team on a Monday and Wednesday and Christi works on the Friday. The Tutor Learning Initiative has been a welcomed part of our VCAL and ASDAN programs, especially during remote and flexible learning and both Laura and Christi have been brilliant at getting some of our students over the line.



Cont'd...

The Tutoring Learning Initiative will be extended into 2022 and we are thrilled that we will continue to have the opportunity to provide the extra support to our senior secondary school students next year.

Secondary School

I am happy to report that the secondary school team have continued to work successfully to collaboratively plan and deliver the term 4 Inquiry Unit of Work on Solar Explorer to the students both onsite and at home. The team meet regularly to go over the weekly plans and support each other with creating lessons and hands on activities.

It is also wonderful to see the engagement level of our students with this unit of work. The students are having fun exploring renewable energy, solar power and becoming inventors of their very own solar oven!

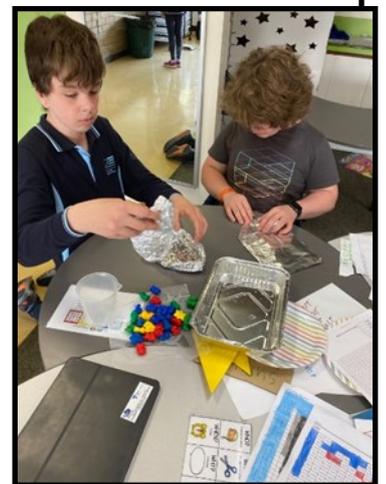
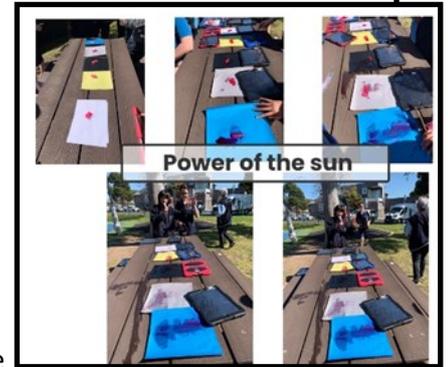
The activities are creative, hands on and allow students to experiment, work collaboratively and problem solve to create their very own solar oven following the challenge brief. I look forward to our students having their solar oven 'bake off' in week 9 and seeing the results of this challenge.

Term 4 – Collecting Feedback

In preparation for our school review next year, the leadership team created and distributed feedback surveys to all staff and parents. These surveys are aimed at collecting feedback from our school community and will assist the school to develop its new four-year Strategic Plan. Please take the time to complete this quick survey.

The link and or QR code to access this survey can be found in the newsletter, Seesaw and Compass.

Cheers, Susanne

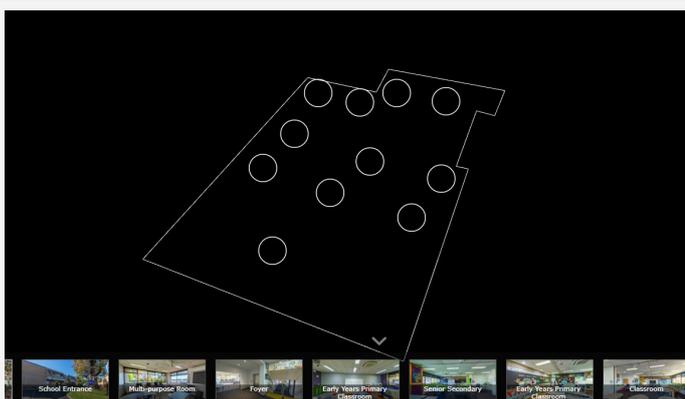


AVHS Community Evaluation Survey

Here is the QR Code to the AVHS School Community Evaluation Survey, or you can click on this link.

[AVHS School Community Evaluation Survey](#)

We appreciate your time completing the survey and details have also been posted on Seesaw.



Have you taken a tour of Ascot Vale Heights School with our new virtual tour viewer which has been uploaded to the website?

Click [Virtual Tour](#) to check it out!

Allied Health News

Speech Pathology Week!

This week marks **Speech Pathology Week**. This week aims to promote the speech pathology profession and how we work with **the 1.2 million Australians who have a communication disability** to ensure that *'communication is everyone's right'*.



Key word sign of the week is "Week"

Place both your hands together and fingerspell 'W'

See Getty and Natalliya's Z- Admin SeeSaw demonstration



Core Word of The Week

Practice modelling the core word on the AVHS communication board.

"Happy"

See Getty and Natalliya's Z- Admin SeeSaw demonstration



"I feel **HAPPY**, I am in the **green zone!**"

Mental health support at school

It is normal for young people to experience various types of emotional distress as they develop and mature. While most youth are healthy, physically and emotionally, one in five will meet criteria for a lifetime mental illness.

Mental illness is a general term that refers to a group of conditions including anxiety, depression schizophrenia, eating disorders and more. These conditions can significantly affect how a person feels, thinks, behaves, and interacts with others. The development of common mental health conditions occurs predominantly in adolescence to mid-20s, making these years critical for early intervention.

Accessing support through our Mental Health Practitioner (MHP)

Our school received funding for a qualified mental health professional to join our allied health team two days per week. Monique attends the school every Wednesday to Thursday and is funded to support secondary students.

Monique is able to provide counselling and small group work. She also regularly communicates with external services to ensure students receive the appropriate support inside and outside of school. Common concerns Monique work's with include anxiety, depression, family conflict, relationships and attendance.

If you have concerns about your child's mental health and wellbeing please speak with school staff about a referral to the allied health team.

Contacting the team

Speech Pathology

Getty getty@wordsinmotion.com.au

Working days: Wednesday and Friday

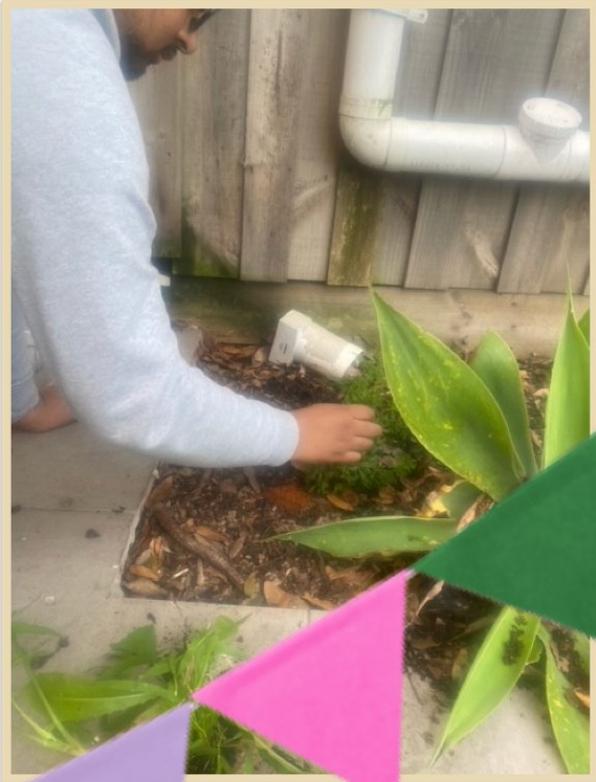
Mental Health Practitioner

Monique monique.parker@education.vic.gov.au

Working days: Wednesday and Thursday

The MHP role is funded to support secondary students only.





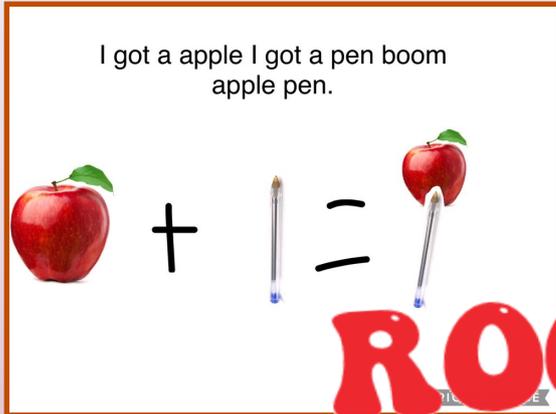
ROOM 9

Room 9 has continued working on our Community Garden and Pantry at school and at home.

We have assessed the risks and developed solutions to problems we may face with these two important projects!

We are hoping to be up and running in a few weeks so the AVHS community can benefit and use what they need from the pantry!
Keep an eye out!



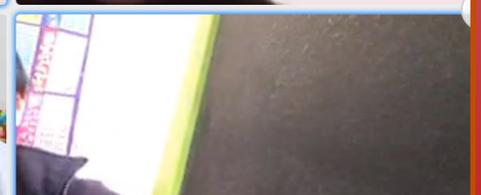


ROOM 7

Wow! What a great start room 7 have had to Term 4!

We have had a lot of fun in our morning WebEx playing different games such as the emoji movie game, mystery boxes, using pic collage and doing some collaborative drawing games! Well done to everyone for being remote learning superstars!!

Halloween is fast approaching and it has been proven to be a favourite in room 7, we have been busy making crafts, designing our costumes and dressing up! Great work room 7!! 🍁



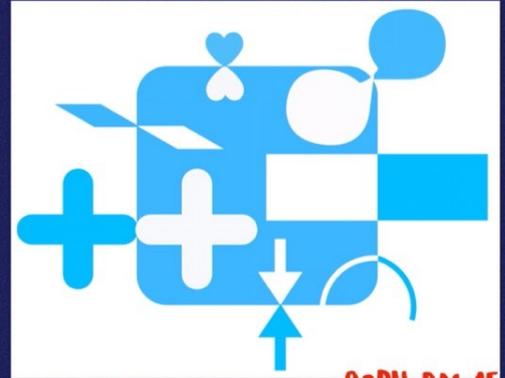
DIGITAL NOTAN DESIGNS



WILLIAM RM 14



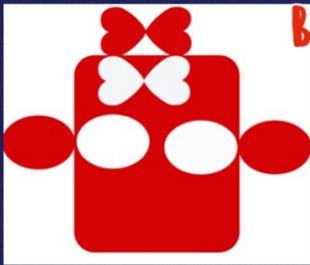
SEBASTIAN



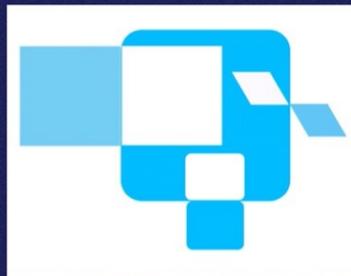
COBY RM 15



AMANI RM 11



BAGIA



AYOUB RM 14



SOFIA



JACKSON



JOSHUA RM 11

OUR HALLOWEEN PUMPKINS



ISABELLA I



PHUM



LEO



ISAAC L



RYAN



LAKEISHA



SNIGDUA



WILLIAM



WARSAME



MARK



ANGELINA



MITCH



MELISSA

The school will be closed Monday 1 November for a Curriculum Day and Tuesday 2 November for Melbourne Cup Public Holiday.

