



## What's On?

Monday 6 June  
Room 1 & 8 Camp

Tuesday 7 June  
School Council

Tuesday 7 June  
Room 16 Camp

Friday 10 June  
Pupil Free Day

Monday 13 June  
Queen's Birthday  
Public Holiday

Friday 24 June  
Last Day Term 2  
2pm finish

Monday 11 July  
First Day Term 3

Dear Parents/Carers

WOW! June already. With the start of winter, it is important to keep warm and healthy. We have already had outbreaks of viral infections and many runny noses and coughing.

**Cold V Flu V COVID:** Symptoms of a *cold* can include: sore throat, fever (a temperature of 38 degrees celsius or higher), sneezing, blocked or runny nose, cough. If you have green or yellow mucous coming out of your nose then it's a sign your immune system is fighting the infection. It doesn't mean your cold is getting worse or that you have a bacterial infection. But if your symptoms don't improve after 10 days, or they get worse, then see your doctor.



**Symptoms for influenza (flu)** can include: sudden fever with a temperature of 38.5 degrees celsius or above, dry, chesty cough, headache, tiredness, chills, aching muscles, limb or joint pain, diarrhoea or upset stomach, sore throat, runny or blocked nose, sneezing, loss of appetite.



See your doctor if you have cold or flu-like symptoms, symptoms lasting longer than 10 days, a cough lasting longer than 3 weeks, can't or won't drink fluids, vomit frequently, complain of intense headache, are pale and sleepy, have chest pain, experience breathing difficulties, develop a rash with fever, you are worried.

See your doctor if your child has cold and flu symptoms and has a chronic medical condition. Warning signs of severe illness including poor feeding, dehydration and difficulty breathing.

**Symptoms for COVID** can range from mild to severe. Some people recover easily, and others get very sick very quickly. If you test positive for COVID-19 you may experience: fever, coughing, sore throat, shortness of breath, runny nose or congestion, muscle or joint pains, nausea or loss of appetite, diarrhoea or vomiting, temporary loss of smell or altered sense of taste. COVID-19 symptoms are similar to some common illnesses, such as colds and flu, or allergies. Use a RAT Test if you have COVID symptoms.



It is important that if your child is sick please keep them at home until they are better. Please make sure your child comes to school with the right clothing for the colder weather.

**Breakfast Club Evaluation:** We were asked to be part of an evaluation of the School Breakfast Program earlier this year. Eamon Fitzgerald will be visiting our Breakfast Program on June 15 as part of this evaluation.

He will speak with some students, myself, and Maria, the coordinator. I have also sent a survey out to some parents for feedback.

**School Policy:** NDIS Funded Therapy Policy: The purpose of this policy is to explain how schools can support students who receive National Disability Insurance Scheme (NDIS) funded therapy. Please see this new policy on the school website.

**Christine Monahan—Student Wellbeing**

# ALLIED HEALTH NEWS

## Speech Pathology News

This week, staff participated in a Communication professional learning seminar, with AVHS' Speech Pathologist, Natalliya.

Staff explored a variety of different communication strategies used at AVHS.

These include;

- Auslan, Key Word Sign
- Low tech Communication boards
- High tech communication systems (AVAZ app)
- Simplified instructions (e.g. first/then visuals)
- Processing time

These strategies aim to support students' receptive (understanding) and expressive communication.



Room 5 are exploring the AVAZ application folders every morning. Students are learning new vocabulary and formulating grammatically correct sentences.



All staff wear visuals on their lanyards to allow for communication access at all times.

## *How to be an effective communication partner*

### **Make communication ALWAYS accessible**

- Visuals should be within reach and easily accessible to children
- Visuals should be placed in high-traffic areas that are used frequently, such as; the door, bathroom, kitchen, child's desk or play area.
- If your child uses high-tech AAC (such as AVAZ), your iPad or device should always be charged and taken everywhere you go!

### **The power of waiting**

Waiting is a powerful tool, it gives you time to observe how your child communicates (i.e. gestures/words) and allows them to understand it's their turn to communicate.

- After giving an instruction or asking a question, **count to 10 in your head** before repeating yourself.

### **Model communication regularly**

Typically developing children need to hear words before using them. The same is for AAC users...model without expectation!

CONTINUED....

## Key Word Sign at AVHS

**Key Word Sign** uses manual signs and natural gesture to support communication. For children and adults with communication difficulties, it's a great way to encourage and support language development. Key Word Sign is widely used by all AVHS staff.

Key word signing uses a core vocabulary of words to communicate concepts and ideas. Each word (concept) is matched to an Auslan hand sign. **Auslan** is the native language of the Australian Deaf community (**Australian Sign Language**), and we gratefully acknowledge the Deaf community for the use of Auslan signs.

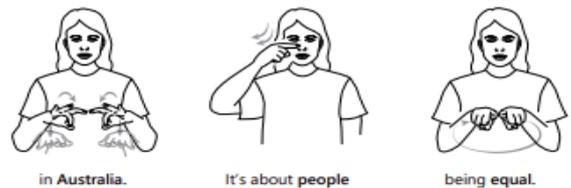
## Reconciliation Week at AVHS

During this week, Reconciliation Australia is asking everyone to **"Make Change"** for the benefit of all Australians, beginning with brave actions in their daily lives – where they live, work and socialise.

AVHS are rising to this challenge, embedding reconciliation in the classroom and fostering knowledge and pride in Aboriginal and Torres Strait Islander histories, cultures and contributions.



### Reconciliation Week



Above: Follow along with the Key Word Sign gestures at home. Source: *Scope Australia*

Below: Jacob in Room 1 is learning about the Australian Aboriginal Flag.

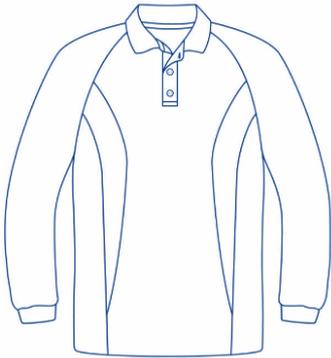


## AVSS PARENT NETWORK CONTACT LIST 2022

If you would like to have your **name, email and mobile number** added to the AVHS Parent Network Contact List please advise the office via Z-Admin or nichole.medina@education.vic.gov.au

The list will be circulated to parents who have agreed to have their details added and is available for parents to contact each other to share information, facilitate play dates, etc.

The contacts from previous years will remain on the 2022 list.  
If you'd like your name removed please let the office know.



## UNIFORM UPDATE

**The long sleeved polos are in stock and available for purchase from the front office.**

**Sizes are kids size 4 to kids size 16 \$30 and adult small to 2XL \$35.**

**Hi there, I'm James Wearne from Room 6.**



**I have been walking to Club Lime with my PE teacher Robin and my class for the last 3 weeks, every Friday at 9.30am to 10.45am.**



### Ascot Vale - Staffed Hours

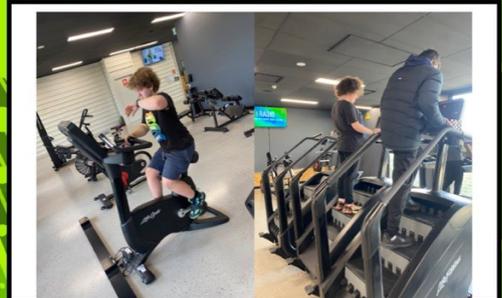
03 8822 6021 (During Staffed Hours)

Day	From	To
Monday	10:00 AM	08:00 PM
Tuesday	10:00 AM	08:00 PM
Wednesday	10:00 AM	08:00 PM
Thursday	10:00 AM	08:00 PM
Friday	10:00 AM	06:00 PM
Saturday	09:00 AM	01:00 PM
Sunday	09:00 AM	01:00 PM

**My favourite piece of equipment is the treadmill because it has a screen that shows different scenes. I could be running through the forest or around a park and i can adjust the speed and incline. I really like the treadmill, the exercise bike and the stepper machine because i can set a pace that helps me challenge myself and i like to challenge myself.**

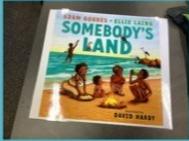
**The best thing about going to Club Lime is going with my friends, its affordable and i can work at my own pace. After a workout I feel fit, energised and relaxed.**

**James' Health Tip for the week: Don't eat junk food constantly, eat healthy food such as fruit, vegetables, meat and salads. Don't drink any soft drinks or energy drinks, instead drink good old H2O!**



THOMAS

Have White colonists ever seen a dark skin person before they arrived?



I wonder where aboriginal people first lived.



I am wondering if



Henry

I am learning about birds and lizards that live in Australia.



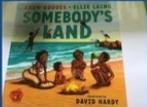
Ethan



I wonder why The people have a fire. Fire is warm.

# WOMINJEKA

Room 14 started our Indigenous Australia Inquiry Unit. We began by exploring the book "Somebody's Land" and sharing what we wonder about Aboriginal land, people, and culture.



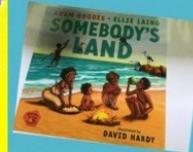
WONDER WHAT THE PEOPLE ARE DOING BIRDS.



SAM



PIC-COLLAGES



I wonder what type of animals these are.



Christian

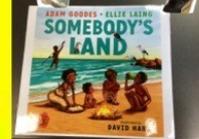


PIC-COLLAGES



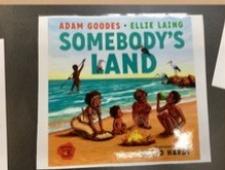
I WONDER HOW THE MAN CATCHES FISH

JOE



Jackson

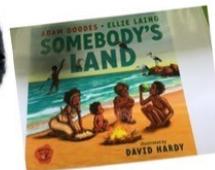
I WONDER WHEN THE WHITE COLONISTS ARRIVED IN AUSTRALIA.



I wonder how Aboriginal people made their weapons



Hazar



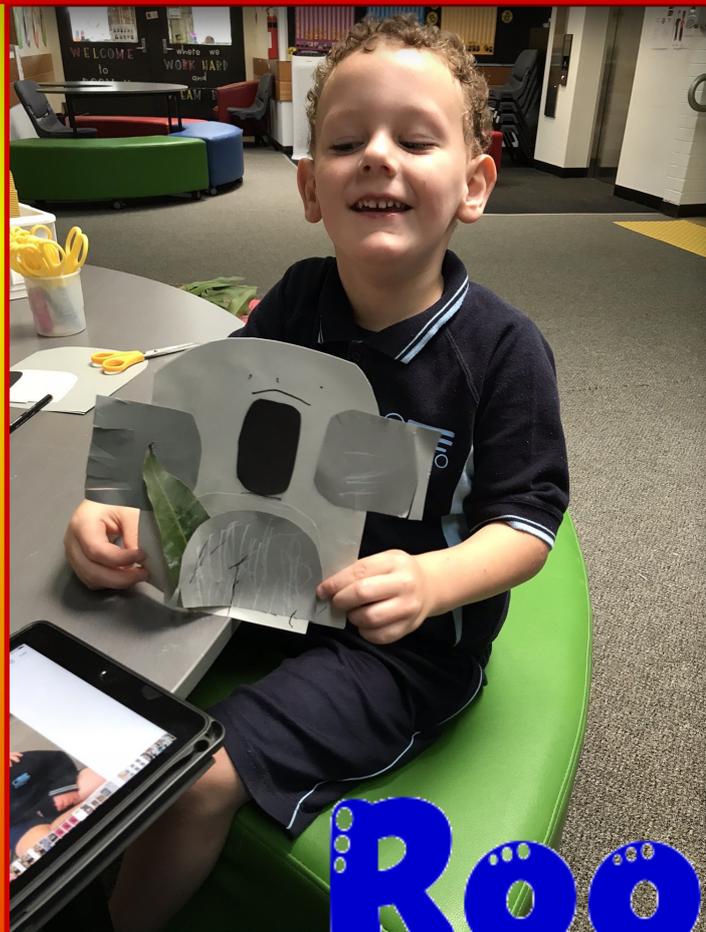
I wonder if they share with the coconut.



Joshua

Share

PIC-COLLAGES



# Room 3

"Room 3 are learning about Indigenous Australia. In Art we have been learning to use different colours, shapes and line to create our artworks! "

# ROOM 1'S BABY POLL



Room 1 have been having fun in maths.  
We made predictions about Ned's baby, if we think it is a boy or girl.  
Using PicCollage we made a tally and we counted everyone's predictions, it was even!  
We also made suggestions of what name to give the baby.  
In Room 1 we love sharing our home life to make great learning experiences!



## CAMPING

- ACTIVITIES -

**Location:** Walhalla  
**Date:** Friday 17th to Sunday 19th Jun  
**Friday:** Drive to campsite  
**Saturday:** Goldfields Railway, Gold Mine Tour  
**Sunday:** Walhalla Museum  
 Out of Pocket Expense: **\$200**

**Location:** Urban Camp - CBD  
**Date:** Friday 15th to Sunday 17th July  
**Friday:** Drive to campsite, Eureka Skydeck  
**Saturday:** Artvo Museum, Melbourne Museum  
**Sunday:** Melbourne Zoo & BBQ  
 Out of Pocket Expense: **\$200**

**Location:** Winter Wonderlights (Ballarat)  
**Date:** Monday 27th to Thursday 30th Jun  
**Monday:** Wildlife Park, Homemade Pizza  
**Tuesday:** A day at Sovereign Hill, Winter Wonderlights  
**Wednesday:** Kryal Castle  
**Thursday:** Tramway Museum, BBQ at Lake Wendouree  
 Out of Pocket Expense: **\$300**

**Location:** Healesville  
**Date:** Friday 29th to Sunday 31st July  
**Friday:** Drive to Camp Site, Popcorn & Movie Night  
**Saturday:** Healesville Sanctuary, Stevenson Falls  
**Sunday:** Warburton River Walk and Picnic  
 Out of Pocket Expense: **\$200**

**Location:** Cows - Phillip Island  
**Date:** Friday 12th to Sunday 14th Aug  
**Friday:** Drive to camp site, Homemade Pizza  
**Saturday:** A Maze N Things, Penguin Parade  
**Sunday:** The Nobbies, Church Hill Island  
 Out of Pocket Expense: **\$200**

**Location:** Snow camp (Bright)  
**Date:** Monday 4th to Thursday 7th July  
**Monday:** Drive to Camp Site, Camp fire and Marshmallow  
**Tuesday:** Mount Buffalo - Tobogganing  
**Wednesday:** Huggins Lookout, Canyon Walk  
**Thursday:** BBQ, Drive to Melbourne  
 Out of Pocket Expense: **\$300**

**Location:** Lorne  
**Date:** Friday 26th to Sunday 28th Aug  
**Friday:** Fish and Chips, Drive to camp site  
**Saturday:** Live Wire Park, Aireys Lighthouse  
**Sunday:** Erskine Falls, BBQ  
 Out of Pocket Expense: **\$200**

For bookings & enquiries, Please email :  
[admin@kapability.com.au](mailto:admin@kapability.com.au) Or Call 0398597267

## Notes

- Support ratios are determined through initial assessment and consultation with participants/families.
- Out of pocket expenses will be charged to 1:1 participants to cover the cost of meals & accommodation. NDIS cost for all other support ratios is based on STA support category which is inclusive of meals and accommodation.
- Start and finish time are indicative and may vary.
- Pick up and drop off is offered as part of our service (within 30-40 minutes travel distance from CBD).
- NDIS costs are subject to change in NDIS Price Guide.

## NDIS COST

	1:1	1:2	1:3
Friday 5pm – Sunday 5pm	\$3,215.12	\$2,587.64	\$1,847.36
Monday 9am – Thursday 5pm	\$4,183.94	\$3,265.44	2,380.80



For bookings & enquiries, Please email :  
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Working together to support school-aged students on the autism spectrum

## FREE WEBINAR UNDERSTANDING BEHAVIOUR



Be part of an interactive hour where you will have the opportunity to listen, share and learn with parents/carers, teachers and others who support individuals on the autism spectrum.

Understanding behaviour lays the foundation for all that we do when supporting a person on the autism spectrum. In this webinar, we will further explore this concept through a planned, proactive approach to understanding the behaviour itself and the impacting factors as well as sharing a range of resources and supports for you to consider.

This webinar will support families and school staff to:

- understand what behaviour is
- explore the functions of behaviour
- identify factors that may impact on behaviour
- consider tools to support making a plan
- share some resources and supports.

There are two different session times to choose from.

**Tuesday 14th June 2022** –  
 7:00pm - 8:00pm AEST

**Wednesday 15th June 2022** –  
 10:00am - 11:00am AEST

All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.



Working together to support school-aged students on the autism spectrum

## FREE WEBINAR TALKING ABOUT SEXUALITY



Be part of an interactive hour where you will have the opportunity to listen, share and learn with parents/carers, teachers and others who support individuals on the autism spectrum.

It can be difficult to talk about sexuality with your young person on the spectrum.

During this 1 hour webinar we will:

- Explore how the characteristics of autism impact an individual's understanding and experiences of sexuality.
- Share some practical resources and information that may assist you at home/and or school in supporting your young person on the autism spectrum.

There are two different session times to choose from.

**Monday 30 May, 2022** –  
 10:00 AM - 11:00 AM (AEST)

**Thursday 9 June, 2022** –  
 7:00 PM - 8:00 PM (AEST)

All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.



To register for this webinar please click on your preferred date above or visit [positivepartnerships.com.au](http://positivepartnerships.com.au)



To register for this webinar and find upcoming ones, visit [positivepartnerships.com.au](http://positivepartnerships.com.au)



Primary students busy in the garden.  
Raking leaves, turning compost and sowing seeds.



Friday, 10 June AVHS Curriculum Day  
Monday, 13 June Queen's Birthday Public Holiday  
**See you all back at school on Tuesday, 14 June.**