



What's On?

31 October
Pupil Free Day

1 November
Melbourne Cup
Public Holiday

14-17 November
Senior School Camp

21-25 November
Swimming

2 December
ACMI Excursion

5 December
Year 12 Graduation

7 December
Year 6 Graduation

20 December
Last Day Term 4
1pm finish

30 January 2023
Term 1 begins

Dear Parents and Caregivers,

It has been an incredibly wet and gloomy few weeks. To all the colleagues, families and friends who have been affected by the floods across Victoria, may you be safe and look after yourselves during this historical event.

Occupational Therapy Week

This week has been Occupational Therapy Week. What is an OT and how do they support students? Occupational therapists use a whole person perspective to work with individuals, groups and communities to achieve optimal health and wellbeing through participation in the occupations of life. Laura Borghouts makes up a part of our Allied Health team and dedicates her time supporting students, teachers and their families throughout the day. This week, Laura is focusing on providing our school community with classroom ideas to raise awareness of her role and the teaching ideas to improve participation.

A highlight activity in the Senior school has been Balloon tennis. This activity builds core strength and weight shifting as students reach up to hit the balloon. Increase gross motor experience by having your students kneel or sit in a circle and tap the balloon to each other.

You can also work on crossing midline by nominating only one hand to hit the balloon.

If you are unfamiliar with this game, here's how you play: [Balloon Tennis](#)
Students can use their hands instead of paper plate racquet .



School iPads

iPads for learning have been a huge focus at AVHS over the past years and the school continues to focus on building the capacity of its teachers and education support staff. Steph and I have attended a network meeting with other specialist settings with the Apple Learning Institute. The focus was connecting with like schools and collaboratively drafting plans that further support teaching and learning programs the schools offer.

Cont'd...

On the final day, we spent the day developing a strategic plan for using the iPads for collaboration and creativity and we feel this provides the school with additional direction towards using iPads for Learning. An enormous thank you to Laura M for supporting our school and connecting us with other Specialist settings across Victoria. AVHS is now part of an Apple network that will focus on improving creativity and collaboration through our teaching and learning programs offered at AVHS.

Secondary Camp

The Secondary camp occurred this week. The students have had a wonderful experience at Blackwood Camp despite the rain. Students have enjoyed the flying fox, toasted marshmallows on the campfire, swapping scary stories around the fire and being with friends.



Thank you to the Secondary team for the planning and dedicating the time away from their families to support the students on these experiences.

Cheers, Lachlan

Flood relief food supplies available for families



In acknowledgement that families in our school community may be juggling many challenges at present, food relief is available through the department and Foodbank Victoria's School Breakfast Club Program to families who have been impacted by recent floods.

If your family requires free food supplies, such as fruit, breakfast cereals, milk, baked beans and canned soup, please contact Christine Monahan, Assistant Principal

Foodbank Victoria will deliver the required food supplies directly to our school for collection.

For further information about other supports available to families affected by floods, refer to [Relief and Recovery – VicEmergency](#).

For further information about education support for impacted families, refer to [Education – information for parents](#).

The AVHS Community would like to wish all our Indian families a very Happy Diwali !

Diwali, also known as the Festival of Lights, is the most important national festival of the year in India, celebrating the victory of good over evil and light over darkness.

Happy Diwali
festival of lights





Room 9 have kicked off the term in style. The Senior Students have continued to run the canteen; collecting and collating orders, calculating the profit/loss statement and preparing custom toasted sandwiches and drinks. Profits will support the Senior School program and upcoming camp, which is fast approaching.



Our 2022 city camp will be from 14-17 November. We are staying at CYC Melbourne and have planned numerous activities to explore our wonderful city. Students are currently planning trips and their personal budget for the camp – hopefully this won't comprise entirely of ice-cream! Evenings will involve going to the cinema, bowling and visiting the Christmas lights.



We have commenced our excursions for the term. Students visited the Shrine of Remembrance, respectfully absorbing the sombre mood of the venue and the informative information provided by the displays. We have a number of other excursions planned, including William Angliss TAFE, ACMI, Altona Market and one for mock job interviews.



There will be five students graduating from Room 9 this year. We are looking forward to sharing their final weeks of schooling.



ROOM 9



Room 11

Off to Camp

**WORLD FESTIVAL
OF MAGIC
2022**

MELBOURNE SHOWS

▼ Accessible seating ▼ Sensory-friendly theatre

**SUNDAY
4th DECEMBER**

THORNBURY THEATRE 859 High Street, Thornbury, Vic 3071
11.00am , 1.30pm and 4.00pm
Duration: 60 – 70 minutes with no intermission.

**MONDAY
5th DECEMBER**

THORNBURY THEATRE 859 High Street, Thornbury, Vic 3071
11.00am , 1.00pm and 6.00pm
Duration: 60 – 70 minutes with no intermission.

ABOUT THE SHOW

Astonishing magic and illusions, hilarious comedy and mind-blowing balancing and juggling acts!

- Thanks to the generous sponsorship from businesses across Greater Melbourne, this incredible spectacle provides children of all abilities and backgrounds with an opportunity to experience world-class acts.
- Enjoy an inclusive, accessible and flexible environment with a relaxed attitude to audience noise and movement.
- If you can't attend the live show, watch a professionally pre-recorded version with unlimited streaming and on-demand viewing. Auslan video interpreting is available!

All tickets are complimentary for children and young adults with additional needs as well as their families and carers.
(One ticket per person is required when booking tickets)

To book tickets and to register for streaming access, please email your order and contact details to:
meredithnewman@showintent.com.au
or call / text 0404-367-782

Room 8



Room 8 have enjoyed our start to the term with two excursions! We used our trip to the aquarium to support our writing. We looked at photos, and then used AVAZ to describe the animals we chose to write about. We then used Pic Collage to publish our work.



Minimum period of exclusion from primary schools and children's services¹ for infectious diseases cases and contacts

Public Health and Wellbeing Regulations 2019

Schedule 7

Column 1 Number	Column 2 Conditions	Column 3 Exclusion of cases	Column 4 Exclusion of Contacts
1	Chickenpox	Exclude until all blisters have dried. This is usually at least 5 days after the rash appears in unimmunised children, but may be less in previously immunised children	Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise not excluded
2	Conjunctivitis	Exclude until discharge from eyes has ceased	Not excluded
3	Cytomegalovirus (CMV) infection	Exclusion is not necessary	Not excluded
4	Diarrhoeal illness*	Exclude until there has not been vomiting or a loose bowel motion for 24 hours	Not excluded
5	Diphtheria	Exclude until medical certificate of recovery is received following at least two negative throat swabs, the first not less than 24 hours after finishing a course of antibiotics and the other 48 hours later	Exclude family/household contacts until cleared to return by the Chief Health Officer
6	Glandular fever (Epstein-Barr Virus infection)	Exclusion is not necessary	Not excluded
7	Hand, Foot and Mouth disease	Exclude until all blisters have dried	Not excluded
8	Haemophilus influenzae type b (Hib)	Exclude until 48 hours after initiation of effective therapy	Not excluded
9	Hepatitis A	Exclude until a medical certificate of recovery is received, but not before 7 days after the onset of jaundice or illness	Not excluded
10	Hepatitis B	Exclusion is not necessary	Not excluded
11	Hepatitis C	Exclusion is not necessary	Not excluded
12	Herpes (cold sores)	Young children unable to comply with good hygiene practices should be excluded while the lesion is weeping. Lesions to be covered by dressing, where possible	Not excluded
13	Human immuno-deficiency virus infection (HIV)	Exclusion is not necessary	Not excluded
14	Impetigo	Exclude until appropriate treatment has commenced. Sores on exposed surfaces must be covered with a watertight dressing	Not excluded
15	Influenza and influenza like illnesses	Exclude until well	Not excluded unless considered necessary by the Chief Health Officer
16	Leprosy	Exclude until approval to return has been given by the Chief Health Officer	Not excluded
17	Measles	Exclude for at least 4 days after onset of rash	Immunised contacts not excluded. Unimmunised contacts should be excluded until 14 days after the first day of appearance of rash in the last case. If unimmunised contacts are vaccinated within 72 hours of exposure with any infectious case, or received Normal Human Immunoglobulin (NHIG) within 144 hours of exposure of any infectious case, they may return to the facility
18	Meningitis (bacterial —other than meningococcal meningitis)	Exclude until well	Not excluded
19	Meningococcal infection	Exclude until adequate carrier eradication therapy has been completed	Not excluded if receiving carrier eradication therapy
20	Mumps	Exclude for 5 days or until swelling goes down (whichever is sooner)	Not excluded
21	Molluscum contagiosum	Exclusion is not necessary	Not excluded
22	Pertussis (Whooping cough)	Exclude the child for 21 days after the onset of cough or until they have completed 5 days of a course of antibiotic treatment	Contacts aged less than 7 years in the same room as the case who have not received three effective doses of pertussis vaccine should be excluded for 14 days after the last exposure to the infectious case, or until they have taken 5 days of a course of effective antibiotic treatment
23	Poliovirus infection	Exclude for at least 14 days from onset. Re-admit after receiving medical certificate of recovery	Not excluded
24	Ringworm, scabies, pediculosis (head lice)	Exclude until the day after appropriate treatment has commenced	Not excluded
25	Rubella (German measles)	Exclude until fully recovered or for at least four days after the onset of rash	Not excluded
26	Severe Acute Respiratory Syndrome (SARS)	Exclude until medical certificate of recovery is produced	Not excluded unless considered necessary by the Chief Health Officer
27	Shiga toxin or Verotoxin producing Escherichia coli (STEC or VTEC)	Exclude if required by the Chief Health Officer and only for the period specified by the Chief Health Officer	Not excluded
28	Streptococcal infection (including scarlet fever)	Exclude until the child has received antibiotic treatment for at least 24 hours and the child feels well	Not excluded
29	Tuberculosis (excluding latent tuberculosis)	Exclude until receipt of a medical certificate from the treating physician stating that the child is not considered to be infectious	Not excluded
30	Typhoid fever (including paratyphoid fever)	Exclude until approval to return has been given by the Chief Health Officer	Not excluded unless considered necessary by the Chief Health Officer

Regulation 111

A person in charge of a primary school, education and care service premises or children's services centre must not allow a child to attend the primary school, education and care service premises or children's services centre for the period or in the circumstances:

* specified in column 3 of the Table in Schedule 7 if the person in charge has been informed that the child is infected with an infectious disease listed in column 2 of that Table; or

* specified in column 4 of the Table in Schedule 7 if the person in charge has been informed that the child has been in contact with a person who is infected with an infectious disease listed in column 2 of that Table.

*Diarrhoeal illness includes instances where certain pathogens are identified including *Amebiasis* (*Entamoeba histolytica*), *Campylobacter* spp., *Salmonella* spp., *Shigella* spp. and intestinal worms, but is not limited to infection with these pathogens.

Further information

Please contact the Communicable Disease Prevention and Control Section on 1300 651 160 or visit www2.health.vic.gov.au/public-health/infectious-diseases/school-exclusion

¹ Children's services cover the terms 'education and care service premises' or 'children's services centre' used in the regulations. It includes centres such as childcare centres and kindergartens.

Forging A New Normal For All

Thursday, 17th November
4:00pm - 7:00pm
Kensington Town Hall
30-34 Bellair St, Kensington
NDIS Info sessions, free food, live music, original creative content created by multicultural communities with disabilities
FREE

4:00pm-6:00pm:
NDIS resource sharing session + live music
6:00pm-7:00pm*:
Launch of 'Forging a New Normal for All' creative content & health messaging videos

*Accessible Online

RSVP via QR Code
by Monday 14th November

**WESTERN MELBOURNE AREA 2023 – 2024
RECONCILIATION ACTION PLAN
ARTWORK COMPETITION**

Calling out all Aboriginal and Torres Strait Islander students!

The Western Melbourne Area is looking for a talented young person to have their artwork featuring in their official Reconciliation Action Plan.

The artwork must represent what Reconciliation and Self-Determination means to you.

Along with your artwork we would love for you to add a little write up explaining your artwork, your name, who your mob is, what grade and school you are from!

There will be a 1st, 2nd and 3rd Prize awarded!

The winners will also be invited to attend the official Area Reconciliation Action Plan launch event where your artwork will be displayed.



Please send a clear photo of your artwork to:

Ben Moodie – Koorie Education Coordinator

ben.moodie@education.vic.gov.au

Competition period: 17 – 31 October 2022



Remember

**Monday 31 October
Pupil Free Day**

**Tuesday 1 November
Melbourne Cup
Public Holiday**

**SCHOOL'S BACK
WEDNESDAY
2 NOVEMBER**

Free support for parents of children with disability

A place to unwind and connect. It's a world away from appointments and therapy.

What is MyTime?

MyTime groups are for parents and carers of children aged under 18 years who need a higher level of care than other children. It's a FREE service, and a place where you can socialise and share ideas with others who understand the rewards and intensity of caring for a child with additional needs in a relaxed setting. Play helpers keep your children busy and active. Siblings also welcome. Bring your child and come meet the staff. There is no need for children to have a medical diagnosis.



Avondale Heights Group Information

- Children welcome to attend
- Guest Speakers
- Play Helper

Address

Rhonda Davis Centre
54 Lake Street Avondale Heights

Term 4 2022 (Mon 10th Oct - 5th Dec)

- Avondale Heights
Monday 10am – 12pm

Contact

MyTime Coordinator Kim Mace on
kim.mace@tweddle.org.au or visit
<https://www.tweddle.org.au/ourwork/our-programs/mytime/> (03) 9689 1577

The MyTime program is funded by the Australian Government Department of Social Services. MyTime is coordinated nationally by the Parenting Research Centre.

Secure babies | Strong families | Safe communities



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Every student, every day to be given the opportunity to be the best they can be.